

# Key Stage 3 COURSE

## Personal Development Education (PA)

### FACULTY

Personal Development Education (PA)

### STAFF CONTACT

Miss S. Lindley

### WHAT QUALITIES & SKILLS WILL BE DEVELOPED?

In PA you will develop a holistic skills set to prepare you for adult life in modern Britain.

### YEAR 7

The topics covered in year 7 will be:

Autumn Term	Spring Term	Summer Term
<p><b>New beginnings</b> This is designed to quash any worries you have about secondary school and to help you settle in.</p>	<p><b>Our British community</b> You will explore what makes a positive community and threats to community cohesion.</p>	<p><b>Careers education</b> You will assess your skills and confidently list your strengths. You will start to explore different jobs.</p>
<p><b>Anti-bullying</b> This is designed to help you identify the different types of bullying, explore why people may bully, the impact bullying has on individuals, cyber safety and how to report bullying.</p>	<p><b>Drugs and health</b> You will identify healthy life styles and assess how eating disorders, smoking and drugs can impact a person's health and wellbeing.</p>	<p><b>Sex and relationships</b> You complete an age appropriate programme of study designed to help you understand puberty, raise self-esteem and recognise appropriate contact/conduct.</p>

### YEAR 8

The topics covered in year 8 will be:

Autumn Term	Spring Term	Summer Term
<p><b>Rights and responsibilities</b> You will explore your place in society, human rights and prejudice.</p>	<p><b>Careers education</b> You will complete a course of study to help you choose you KS4 subjects. You will research each subject and have a session with the school careers advisor.</p>	<p><b>Drugs and health</b> You will assess the dangers of smoking and alcohol, and research the effects of cannabis.</p>
<p><b>Sex and relationships</b> You complete an age appropriate programme of study designed to help you understand relationships, consent, pregnancy, and manging risk.</p>	<p><b>First aid</b> You will complete a course designed to equip you with basic first aid training.</p>	<p><b>Sustainability and the environment</b> You will research climate change and the importance of preserving the earth for future generations.</p>



# FREQUENTLY ASKED QUESTIONS

## **HOW MANY PERIODS PER FORTNIGHT WILL I STUDY THE SUBJECT?**

In year 7 and 8 you will receive 2 periods of Personal Development Education (PA) a fortnight.

## **WILL THE CLASSES BE SET OR MIXED ABILITY?**

Classes are mixed ability and materials are differentiated to ensure all learning styles are catered for.

## **HOW OFTEN WILL I RECEIVE HOMEWORK?**

There is currently no homework in PDE.

## **HOW OFTEN WILL I BE TESTED?**

You will complete informal tests during the course of study to assess how your knowledge has developed.

## **WHAT EXTRA CURRICULAR OPPORTUNITIES WILL BE AVAILABLE TO ME?**

Anti-bullying Campaigners (ABC Team).

## **WHAT IS THE PROGRESSION ROUTE FOR THE COURSE IN KS4?**

The PDE curriculum enables you to develop skills for life. Knowledge gained in KS3 will be built upon during tutor time in KS4.

The careers programme is designed to help you make positive Y9 options choices and help you prepare for work experience.

