

OPTIONS COURSE

PHYSICAL EDUCATION

ACCREDITING AUTHORITY | AQA

QUALIFICATION

GCSE

FACULTY

PHYSICAL EDUCATION & PERFORMING ARTS

STAFF CONTACT

Mr Lockhart

WHAT QUALITIES & SKILLS DO I NEED?

Do you like sport? Do you like learning new sports? Would you like to be rewarded for playing the sports you enjoy? Are you prepared to work hard and extend your theory knowledge about P.E. and sport? If you have answered yes to these questions, then you will enjoy GCSE Physical Education.

On this course you will improve your knowledge and performance in a range of practical activities and will have the chance to learn about the principles and practices which lead to good performance. The course will help you to develop your confidence, self-esteem and a sense of team spirit. The qualification can lead to further study of Physical education or Leisure and Recreation or to a career within the sport and leisure industry.

COURSE FOLLOWED

[AQA GCSE Physical Education \(8582\)](#)

HOW IS THE COURSE ORGANISED & ASSESSED?

The course is 40% Practical, assessed continually over the three years and 60% theory which is assessed by two examination at the end of Year 11.

Theory: Split into two major topic areas. Paper 1: The human body and movement in physical education and sport. Paper 2: Socio-cultural influences and wellbeing in physical activity and sport. You will cover each topic within your theory lesson and be assessed by an external examination at the end of Year 11.

Practical: You will be assessed in 3 sports covering at least 2 different activity areas. Over the course you will be given the opportunity to learn and develop your skills which will lead to an assessment and grading of your ability by your GCSE teacher. You will also have to complete one piece of coursework on analysing and improving sports performance which will form part of your overall practical mark.



FREQUENTLY ASKED QUESTIONS

WHAT IS THE BREAKDOWN OF THEORY AND PRACTICAL WORK?

40% of the course is practical assessed in controlled conditions and externally moderated. 60% is an externally set examination. This will take the form of two written papers, each 1 hour and 15 minutes long.

IS THE SUBJECT AN ACADEMIC COURSE?

Yes, the theory section is demanding and you need knowledge and understanding in a range of applied concepts.

HOW AM I ASSESSED IN PRACTICAL WORK?

You have to undertake practical performances in different contexts, within selected physical activities in the role of either player or participant. You will be assessed by PE staff and then moderated by the exam board.

AM I A SUITABLE CANDIDATE FOR THIS COURSE?

You need to show an aptitude towards PE and demonstrate a high standard of performance or leadership skills. We would expect you to participate in leadership courses throughout KS4.

CAN I TAKE GCSE PE AND BTEC SPORT?

No, they are both timetabled at the same time so unfortunately it is one or the other. If you require further advice please ask your current P.E. teacher.

