

COURSE LEVEL 3 | A Level

WHAT IS PHYSICAL EDUCATION?

Sport & fitness is a huge industry...and you can be part of it. If you're keen on sport you can make a healthy living from your passion. You will learn about healthy lifestyles, the physiological effects of exercise on the human body and how people acquire sports skills. You will also learn how to analyse and evaluate an athlete's performance in order to help them improve. A level PE goes well with subjects like Biology, Maths and Psychology.

COURSE FOLLOWED

[A Level Physical Education OCR](#)

1. Applied Anatomy and Physiology, Exercise Physiology & Biomechanics
2. Skill Acquisition and Sports Psychology
3. Sport in Society and Contemporary Issues
4. Performance or coaching in one sport & and oral evaluation of a performance

METHOD OF ASSESSMENT

1. 30% - 2 hour written exam
2. 20% - 1 hour written exam
3. 20% - 1 hour written exam
4. 30% - Internally moderated and assessed

ENTRY REQUIREMENTS

1 "good" sport.

FUTURE PROSPECTS

The subjects you learn will be invaluable at a personal level and will help you be better at sport, no matter what your standard. The A level also opens up a whole range of degree courses and career options. Like sport scientist, sport therapist, physiotherapist or working for a national governing body.

For further information please contact Mr M Watson

