

Physical Education



Web link

<http://www.ocr.org.uk/qualifications/as-a-level-gce-physical-education-h155-h555-from-2016/>

Learning Resources

In the official OCR textbook (<https://www.hoddereducation.co.uk/Product?Product=9781471851735>) and through the OCR website.

Learning Strategies

Flash cards of key terms; look, cover, write and check; reading and self-quizzing; past paper questions; download the specification and highlight the command words for each topic area; reading over class notes after each lesson.

Writing Long Answer Questions

Use P,E,E (point, explain it, give examples to justify your point); understand and stick to the command word; read the level descriptors to understand what needs to be included for higher level answers; back up all points made with full explanations and examples (where applicable).

Independent Study

Reading around the subject area using the official OCR A Level PE textbook; attending revision sessions between February and May in the run-up to exams; Flash cards of key terms; look, cover, write and check; reading and self-quizzing; past paper questions; download the specification and highlight the command words for each topic area; reading over class notes after each lesson.

