

### Stevenage One Stop Shop

Bowes Lyon Centre for Young People, St Georges Way, Stevenage SG1 1XY  
Monday to Friday 2.30pm – 5.30pm  
For 13-19 years olds and up to 24 for young people with learning disabilities and those leaving care  
Provides information, advice, guidance and sexual health services including free condoms, chlamydia and pregnancy testing

### NCS (National Citizen Service)

NCS is a personal and social development programme for young people. It provides young people with the opportunity to develop the tools, skills and belief to unlock potential and make their mark in the community.

### Care Leaver Hub

Bowes Lyon Centre for Young People, St Georges Way, Stevenage SG1 1XY  
Monday to Friday 2.30pm – 5.30 pm  
Providing support for young people leaving care

### Projects for care leavers and young people in care

The following projects are designed specifically for young people in care and care leavers.

- Come Dine with Me cookery programme
- Independent Living Skills course
- Chair your own review support



YC Hertfordshire provides targeted prevention and early intervention to Enable Young People To Succeed.

[www.ychertfordshire.org](http://www.ychertfordshire.org)



## Projects and Programmes for Young People in Stevenage

November 2017




Enabling young people to learn new skills, increase their knowledge and develop confidence, self-esteem and resilience.

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[www.ychertfordshire.org](http://www.ychertfordshire.org)

 @StevenageTeam

YC

HERTFORDSHIRE

Enabling young people to succeed

**Young Parents Project**

Bowes Lyon Centre, St Georges Way, Stevenage SG1 1XY  
Monday 11am – 2pm  
Support for young parents in Stevenage up to the age of 21

**Bowes Lyon Project**

Bowes Lyon Centre, St Georges Way, Stevenage SG1 1XY  
Monday 6pm – 9pm  
For young people aged 13–17 from Stevenage

**Oval Street-based Project**

Monday 3.30pm – 5.30pm  
For young people aged 13-17 in The Oval and St. Nicks

**Megamix LD Project**

Bowes Lyon Centre, St Georges Way, Stevenage SG1 1XY  
Tuesday 5.15pm – 7.15pm  
For young people aged 13-17 with learning disabilities

**Megamix LD Young Adults Project**

Bowes Lyon Centre, St Georges Way, Stevenage SG1 1XY  
Tuesday 7.45pm – 9.45pm  
For young people aged 18-24 with learning disabilities

**GROW Emotional Wellbeing Project**

Bowes Lyon Centre, St Georges Way, Stevenage SG1 1XY  
Tuesday 6pm – 8pm  
For young people aged 13-17 needing support with emotional wellbeing

**Hyde Project**

No.15 The Hyde, Stevenage SG2 9SD  
Tuesday 6.30pm – 9.30pm  
For young people aged 13–17 in the Hyde

**Young Carers**

Bowes Lyon Centre, St Georges Way, Stevenage SG1 1XY  
Wednesday 4.30pm – 7.00pm  
For young people aged 13–17 who have caring responsibilities

**Transgender Support Group**

For details call Ian on 01438 843340  
For all transgender young people aged 13–19

**Stevenage Youth Council**

Bowes Lyon Centre or Daneshill House, Stevenage SG1 1HN  
Wednesday 4.30pm – 7pm. For details contact Ian on 01438 843340  
A voice for young people aged 11-17 from Stevenage

**Identity LGBTQ Project**

For details call Ian on 01438 843340  
For LGBTQ young people aged 13–17.

**ASD – Autism Spectrum Disorder Project**

Bowes Lyon Centre, St George's Way, Stevenage SG1 1XY  
Wednesday 4pm – 6pm  
For young people with Autism Spectrum Disorder aged 13–17.

**Hyde Project**

No.15 The Hyde, Stevenage SG2 9SD  
Wednesday 3pm – 5pm  
For young people aged 13–17 in the Hyde

**Hampson Street Project**

Thursday 5pm – 8pm  
For young people aged 13-17 in the Glebe and Hampson Park

**Lister Empathy Project**

Lister Hospital. SG1 4AB  
Thursday 6pm – 9pm  
For young people in need of support with emotional wellbeing aged 13–19

**Broadwater Street Team**

Friday 6pm – 9pm  
For young people aged 13-17 in Broadwater and Oaks Cross areas

**Lister Empathy Project**

Lister Hospital SG1 4AB  
Friday 6pm – 9pm  
For young people in need of support with emotional wellbeing aged 13–17

**Bowes Friday Night Project**

Bowes Lyon Centre, St Georges Way, Stevenage SG1 1XY  
Friday 6pm – 9pm  
For young people aged 13-17 in Stevenage