



# CANNOCK CHASE HIGH SCHOOL

A C H I E V E M E N T F O R A L L

My Ref: IT/CAG/RH

Your Ref:

Date:

5 February 2019

Dear Parents

## Internet Safety Day 2019

Today marks national Internet Safety Day across the UK. In our school there will be special assemblies and PSHE lessons during the week that focus on this theme, making sure children are digitally safe. The NSPCC is promoting the motto **TEAM** to make sure children are safe online.

**T**alk to your child regularly about what they are doing and how to stay safe. Let them know they can come to you or another trusted adult if they are feeling worried or upset by anything they have seen.

**E**xplore your child's online activities with your child. Understand why they like using them and make sure they know what they can do to keep themselves safe.

**A**gree your own rules as a family when using sites, apps and games.

**M**anage your technology and use the settings available to keep your child safe.

Further information can be found at:

<https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/online-safety/>

<http://www.cannockchasehigh.com/E-Safety-Parents>

As a school, we will be discussing with our students the actual amount of time they spend on the internet and social media. We will be asking them the question 'do you really need to spend that amount of time on social media each day?' If you personally feel that your child is spending too much time on social media or the internet, or becoming involved in online issues that concern you, we always advise parents to remove or restrict usage until you are happy they can use social media and the internet responsibly.

We hope you find these resources useful.

Yours sincerely

Mr R Howes  
Assistant Headteacher  
Designated Safeguarding Lead

Miss C Worrall  
Deputy Designated Safeguarding Lead

Headteacher: Mr I Turnbull, BEd(Hons), NPQH

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