



CARDINAL NEWMAN CATHOLIC SCHOOL

Contact: Laura Byrne laura.byrne@cncs.school

Kit List for Alton Castle retreat.

Packed lunch for Friday, if your child receives free school meals the school will provide a packed lunch.

Sleeping bag (If you do not have one please let me know)

Towel

Pj's

Socks and underwear

Toiletries- toothbrush, toothpaste, shower gel, shampoo etc

Medication- inhalers, epi pens, pain relief- Please make staff aware of any medication.

Water bottle

Spending money- £5.00 max. Please put in an envelope labelled with your child's name.

At least 3 changes of clothes for outdoor activities:

- t-shirts, hoodies, tracksuit bottoms, warm clothing, trainers (must be old)/walking boots/wellies*clothes and shoes will get muddy* Please bring enough to layer up as it will be cold.
- Waterproof coat
- Hat, gloves, scarf.
- Sturdy plastic bag for any muddy items

At least 2 changes of clothes for indoors after activities.

- Jeans, bottoms, warm tops, hoodies.
- Please bring another pair of shoes/trainers for after outdoor activities.

Please pack all items in a bag/ case clearly labelled with your child's name. Please do not over pack, your child must be able to carry their own bag.

*Mobile phones and other similar items are brought at your own risk and staff cannot take responsibility for these. Your child will have access to staff phones so mobiles are not necessary items.

Note to students

Please bring luggage to school on Friday 11th May we will meet in Canterbury canteen at the beginning of tutor time and you will be registered from there. Please be dressed warm and ready for snowdome activities as we will be starting activities as soon as we arrive, you will need gloves. The journey will take approx. 1 hour 40 minutes, if you require travel sickness medication please ensure that you have this with you and not packed in your case.