Central Foundation Girls’ School at the Olympics

Dear Reader,

Welcome to the summer edition of Central Issue. We are delighted to be celebrating many special events and awards this term, as well as our involvement in the Olympic Games. This has been a great year for Central Foundation – it started with a very successful Ofsted, the school achieving a ‘Good with Outstanding features’, and a report which highlighted the hard work and commitment of all staff, students and Governors at the school.

During the year we have also been awarded the Investors in People Award and renewed our International Schools status. This summer we are on target to achieve our best ever GCSE and ‘A’ Level results.

During the year we have also seen the commencement of our Building Schools for the Future programme. This has been both an exciting and challenging time for the school; we have watched the new building taking shape on site and we have ‘heard’ the development and seen parts of our outdoor space turned into construction areas. During the summer, further works will take pace. We are very much looking forward to moving into new building in January 2013 and will be inviting all of our readers to join us in a grand tour of our new facilities early in 2013.

I do wish all our readers an enjoyable and refreshing summer and look forward to greeting all students back at school in September for what promises to be an exciting Autumn Term.

E. Holland

CFGs Y9 Arts Award girls leading performing arts sessions for younger students

by Ms Gkotsi

A select group of three Year 9 girls that are completing their Arts Award qualification became the Dance Leaders for Central Foundation in our Olympics inspired outreach work.

Iman, Nilima and Afirua accompanied Ms Gkotsi to the primary schools and assisted in teaching younger students in Malmesbury, Old Ford and Wellington. Afirua was a student at Old Ford and it was great to go back to her old school to share her skills and talent with the younger students.

The girls taught the Big Dance routine and led on creative tasks inspired by sports and the Olympic values with the young pupils, their developed their confidence and leadership skills and were great ambassadors for Central Foundation. Well done girls!
London Youth Games Representatives
by Ms. McLean & Ms. Monaghan

CFGS Netball has had a very successful year placing 1st and 2nd in the Borough Netball Championships.

On Saturday 30th June our players represented Tower Hamlets and played in the London Youth Games, an achievement to be proud of.

Well done to:
- Kiran Iqbal 10U
- Runelle Thomas 10L
- Lucky Begum 9U
- Afruja Khanom 9A
- Hamda Muse 9A
- Fatema Malik 10L
- Chloe Venn 10L
- Anisah Lubega 9L
- Maisha Rahman 9A
- Jyoti Devi 9A
- Firdaws Begum 9A
- Tia Nicole Knight 10E
- Taniya Sultana 9U

Elympics Day!
by Toslima Begum 11L

On the 23rd March, 2012, leaders from various schools participated in the ‘Elympics Day’.

It was an event where young leaders from Primary Schools (Year 5) and leaders from Central Foundation Girls School (Years 8, 9 and 10) united to hold a big event for Primary Schools in the Borough.

The event was held at Mile End Stadium and there was a variety of sports such as football, volleyball, handball and many more. Overall the event was amazing and we had two of our singing stars Faye and Francesca who performed for the opening ceremony.

All the children involved learned or improved their skills and had a fantastic time whilst participating in the events. The day finished on a double high as it ended with everyone receiving free Ben and Jerry’s ice cream!

BSF update Summer Term
by Ms. Gorman, Deputy Headteacher

Following a period of consultation with students and staff I am pleased to announce the new names of the various school buildings once the BSF works are completed. Student and staff decided upon a themed approach to reflect the curriculum areas that will be based in each of the buildings.

<table>
<thead>
<tr>
<th>Theme</th>
<th>Model A</th>
<th>Block</th>
</tr>
</thead>
<tbody>
<tr>
<td>Explore</td>
<td></td>
<td>Science (New Science and Kitchen)</td>
</tr>
<tr>
<td>Design</td>
<td></td>
<td>Art, Design and Technology, Access and Inclusion (T Block)</td>
</tr>
<tr>
<td>Aspire</td>
<td>6th Form and Vocational (Bow Road Building next to Phoenix)</td>
<td></td>
</tr>
<tr>
<td>Imagine</td>
<td></td>
<td>Drama / Performing Arts (D Block)</td>
</tr>
<tr>
<td>Create</td>
<td></td>
<td>Performing and Creative Arts (New main visitor entrance on Bow Road, Auditorium, Dining Room)</td>
</tr>
<tr>
<td>Motivate</td>
<td></td>
<td>Student entrance, Humanities, French, English, Maths, Transition Group (Main Harley Grove Building)</td>
</tr>
</tbody>
</table>

In C Block, the infrastructure for the utilities are now in place and the external cladding and classroom partitions are currently being erected.

The summer works programme taking place on the Harley Grove site will include landscaping on the playground outside of the current A Block. This will provided much needed seating for students at break and lunchtime. The playground will also be resurfaced and marked up with a sports pitch to provide a teaching space for the PE faculty. This will help us reduce the number of lessons that students have to go off site for.

In L block all the windows have now been replaced and the roof terrace is taking shape with most of the outside furniture now installed.
Sun-Sational Fun For Engineers Of The Future

by Mr Islam, KS3 Coordinator Maths

CFG Girls took part in a Solar Car Challenge competition organised by London South Bank University on Saturday 16th June, 2012. The challenge introduced children from eight different schools around London to engineering, and its impact on everyday life. It also got them thinking about solar energy as the world looks to a sustainable future. The CFG Girls were tasked with creating a solar car and spent several weeks designing, building and testing the vehicles with expert support from student ambassadors from the University who are studying engineering. Congratulations to our girls who came first in the design section!

Here is a link of a video: http://www.youtube.com/watch?v=L_nicznzBlbA

YPI Finals

by Mr. Tomlinson

3RD MAY 2012, saw the culmination of a term’s worth of hard work for our Year 9 students when they took part in the annual Youth and Philanthropy Competition. Students identified problems in the local area that they felt passionate about and then matched these problems to charities that supported them. The only criteria were that the charities must be local and must help people. 240 students in groups of up to 4 visited their chosen charities in their own time (usually Wednesday week B). Over 40 different charities were visited and all of the charities were impressed by the hard work and commitment shown by the students. Finalists were selected from the 10 citizenship groups. They all rehearsed really hard at lunchtimes, afterschool and weekends. When the big day arrived not one group used notes to help them. Charities also sent representatives including The Sick Children’s Trust and Richard House. The judges were Ms Holland, Mr Tyler (Tower Hamlets EBP), Mr Davey, Mr Doherty (RSA) and Ms Priday. The standard of the student presentations was excellent and showed real empathy and creativity. Many thanks to the performers who sang and danced while the judges held their discussions.

After much deliberation the judges finally chose the winners as Ifaat Choudhury 9A; Sharmin Sardar (9U); Samia Mohammed (9U) and Shalina Hussain (9U) who made a very convincing case for St Joseph’s Hospice in Hackney. They received the cheque for £3000 from Rhys Prichard of YPI.
Bangladesh... a breath of fresh air!

THREE STUDENTS AND FOUR MEMBERS OF STAFF from Central Foundation Girls’ School and St Matthias Primary School went on a journey that will never be forgotten.

The Qatar airways flight took us to Doha, and then after a spree at duty free, another flight to Dhaka. After passing immigration and collecting our luggage we waited, and waited, and waited, for our transport, sweat falling down our brow. Suddenly Giash arrived, a joker who completed our pack of cards, only his humor and competitive spirit made us smile even on the rainiest of days. Despite the fun, Bangladesh was a tough learning experience - as our visit to the orphanage proved.

The poverty was evident and challenged us but we hoped we brought some sunshine to the lovely people we met. The trip made us students even more passionate to make London more aware of the damage in Bangladesh. Climate change, a workshop we taught to the Bangladeshi students, gave us the opportunity to make postcards with comments which we will take to parliament.

This, packed in with other workshops (such as a sports tournament and an art project) as well as a trip to Javlong and a boat trip, made our adventure complete. On the last day, our hearts sank, we were leaving Bangladesh. Never will we forget this incredible journey.
Four teachers from London visited Bangladesh during the April holidays. This included two teachers from Central Foundation Girls’ School – Ms Aiken (Art) and Ms Monaghan (PE) and two Learning Support Assistants from St Matthias – Ms Abedean and Ms Forcadell.

The group had a fantastic trip and enjoyed meeting teachers and students in Sunamgonj. We taught lessons on Climate Change and also did some painting, drama and sports workshops. The schools in Sunamgonj made us really welcome and hosted celebration events for us on our last day where they shared some beautiful singing and music with us. We also enjoyed boat trips, a visit to the tea gardens and walks along the beautiful river.

It was really interesting to see the differences between schools in England and Bangladesh. It was surprising to see that classes had 120 students and one teacher. It made us realise how fortunate we are in the UK with small class sizes. We had the chance to see how much the students in Bangladesh enjoy learning.
Kenya Trip

After months of planning, this June saw Miss McLean, Ms Chapman and Miss Brennan head off to Nairobi, Kenya for 10 days of sun, mosquitos and the privilege to work in one of our partner schools, Muthurwa Primary. Residing in one of the poorest areas of Nairobi and beside one of Kenya’s largest slums each teacher had the opportunity to work within their specialist area, bringing good practice to not only the school and teachers, but also bringing home new ideas and innovations that can be implemented within CFGS. Miss Chapman worked closely with four girls from Muthurwa who will be coming to visit CFGS in September. As Nairobi is one of the leading cities of phone application design, they were able to use resources available to develop a fantastic new phone application which will be used to teach educational words in Kiswahili to our CFGS girls when they are here. She also worked with many other classes in the computer room.

Miss Brennan supported 50 (Class 8 girls) to set up and continue the pen pal initiative with 50 CFGS girls in Year 7. We aim to keep this project going for years to come which will allow both our girls and girls from Muthurwa to understand and create links between not only our school, but our cultures as well.

Miss McLean introduced brand new PE games to each year group which will allow for the development of their sport’s department. Bringing out suitcases of equipment, the department is now able to grow and develop which will encourage team work, independent learning and will allow the children to be challenged in new and exciting ways.

It also gave the teachers an opportunity to see how Miss Chapman’s hard work over the past number of years has paid off. Setting up the link over 5 years ago while on a family holiday to Kenya, she has worked tirelessly to ensure that close links have been forged and that both CFGS and Muthurwa benefit greatly from the partnership. Supplying the school with over 7 computers and 10 laptops has meant that these children have the opportunity and can access IT when it was not possible before.

Year 13 Geography trip to Flatford Mill

In order to raise achievement, do better in synoptic examinations and develop field work skills, the Year 13 geography students went on a field trip to Flatford Mill this term.

The trip gave students an insight into a variety of rural landscapes, their tourism potential, impact of tourism, sustainable tourism management strategies and farm diversification by conducting primary research and listening to stakeholders.

Flatford Mill is on the River Stour, close to the Suffolk-Essex border. The Field Studies Centre buildings, particularly the Mill and Willy Lott’s House, are a key feature in many paintings by John Constable.

Only one hour from London, it offers visitors of all ages a much sought-after sense of tranquillity to complement a unique learning environment. The rich mosaic of lowland landscapes, wildlife habitats and places of historic interest in this beautiful part of East Anglia were ideal for this A level Geography group.
The drama Department has taken four trips to the Unicorn Theatre

On Saturday 21st April, a group of students from Years 9 and 10 went to watch a spectacular theatre production of the play 'DNA'. The play was a compelling story about a joke gone wrong between groups of teenagers. As we are teenagers we found we could really relate to the characters. It left us wondering if we would make the same mistakes, or if we could’ve made a better decision. The show was intense, but a comedy element was blended in that left the audience with a giggle now and then. The play sparked a lot of opinions and emotions in our group. Some felt pity for the characters, while others thought it was their mere recklessness that led them to their fate. Either way, we questioned things like fitting in to society and peer pressure; something that we all have experienced at one point or another. It was a simple play that reflected our society but in an entertaining way with plenty of mystery, humour and emotion.

Another exciting trip by the Drama department took place on Saturday 19th May to watch an Edinburgh festival winner, ‘Mad about the Boy’. A hard hitting play made one wonder if the youth of today are really tumbling down and who could be blamed. Throughout the play the characters did not face each other while talking, this might seem a bit strange, but it could have been done to show the barriers in different generations - or perhaps it was to highlight the weak communication skills present in today’s Britain? This is what made the play an interesting one for us; there were endless possibilities of what message the cast were trying to convey; making both the trip and the play memorable.
Postcards from East London

by Mrs Harrigan

A GROUP OF YEAR 10 GCSE Dance students have been working on a fantastic dance and film project with East London Dance. They have been creating ‘moving postcards’ located in iconic locations of the High Street 2012. It was an amazing opportunity to collaborate with a whole team of artistic professionals including a choreographer, Film Maker, an Assistant Artist, a Composer, an Artistic Director, a Project Manager, a Production Assistant and a Camera Assistant. The result is 3 short films to be shown at events celebrating the 2012 Olympics.

The project manager says “the films are absolutely lovely, thought provoking and celebrate all cultures”. Watch out for screenings on the ‘Pop-Up cinema’ all around London, or check them out when they are released on www.mobiledance.org/postcards.

Students involved were Sara Baptiste, Fabbiha Farhat Chowdhury, Ase Greene, Mahin Ismat, Syeda Mahjabin, Twahera Sulaiman, Anisha Uddin, Kuthifa Hafsa Begum, Samira Begum, Fahima Ferdous, Tia Nicole-Knight, Mahfuza Rahman, Mehzabin Rahman

ICT trip to Digital Shoreditch Festival’s INSPIRE day

by Mrs. Kaur

ON 21ST MAY, some Year 9 students who are interested in a career in digital technology were chosen to visit Digital Shoreditch. Various stories and workshops on the day encouraged our Year 9 students to discover new and exciting technology.

Sessions included an app making workshop, maths and computing magic show, inspirational talks about working in games, graphics design, web and viral videos. The girls enjoyed a game of million pound drop and had a go at creating a moustache on the famous art of Mona Lisa using the art doodle live. Shortcuts to Success session provided our students with top tips on how to be successful in any career they choose.

Students discovered new ways of thinking about technology and went away with tips which will hopefully keep them inspired.

Some of our lovely Year 9s made their way onto the Digital Shoreditch’s website as well.
Tuesday 12th April, saw eight tired Year 11 students arriving at school at 7.30 am to take part in a new sport. The weather was looking cloudy a concern was expressed that it might not be ideal for gliding. Mr. O’Donnell drove the minibus to the London Gliding Club in Hertfordshire and upon arrival the weather had cleared to a beautiful clear day. After a briefing on conduct around the airfield and some fine food in the on-site cafe, we made our ways to the gliders. Our two instructors showed us the controls and how to wear a parachute. At all times the emphasis was on safety.

Sajida and Fahima were the first two students to fly and came down exhilarated. The flights were by aerotow where the glider is attached to an aeroplane and flown to heights of over 2000 feet at which point the aeroplane cuts the glider free. The instructors allowed students to experience control of the aircraft. By lunchtime the weather started taken a downward turn. Olida was one of the students caught in bad weather. As her flight was cut short, she later made up for this by being given the opportunity for a winch launch (a cable was used to pull the glider into the air rather like a reverse bungy jump).

The London Gliding Club made us all very welcome and the instructors were fantastic. The also were very complimentary about the behaviour and attitude of Central Foundation Girls’ School students. The gliding was subsidised by the Guild of Air pilots and Air Navigators http://www.gapan.org/

The London Gliding Club website is http://www.londonglidingclub.co.uk/

Visit to Clifford Chance, Isle of Dogs

by Mr. Bruce

On Wednesday 20th June, Nadiyah Shah 8T, Nishat Humaira 7A, Reshma Akthar 8L went to Clifford Chance, Canary Wharf to take place in the Tower Hamlets Creative Writing Competition 2012.

The theme was ‘London’s Calling’. They were accompanied by Mr. Bruce, Ms. Archbold and Ms. Patterson. They all had a lovely time and received certificates and prizes. They enjoyed the mind-blowing view and the people were very welcoming.

Community Access

Central Foundation Community Sports and Performing Arts Centre – Open to the Community!

Our Community Sports Centre is now open Monday, Tuesday and Thursday evenings with a brand new programme of activities ranging from a Women only Gym and Dance sessions, through to our new Community Karate sessions. All activities are under £1.50 a session. The full programme is below:

<table>
<thead>
<tr>
<th>Day</th>
<th>Session</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday:</td>
<td>Women Only Gym Session</td>
</tr>
<tr>
<td>4.30-6.00pm</td>
<td></td>
</tr>
<tr>
<td>6.00-10.00pm</td>
<td>Mixed Gym Session</td>
</tr>
<tr>
<td>Tuesday:</td>
<td>Women Only Gym Session</td>
</tr>
<tr>
<td>4.30-6.00pm</td>
<td></td>
</tr>
<tr>
<td>6.00-7.00pm</td>
<td>Mixed Gym Session</td>
</tr>
<tr>
<td>Thursday:</td>
<td>Women Only Gym Session</td>
</tr>
<tr>
<td>4.30-6.00pm</td>
<td></td>
</tr>
<tr>
<td>6.00-10.00pm</td>
<td>Mixed Gym Session</td>
</tr>
</tbody>
</table>

The centre is available to hire with sessions costing £10 - £30 per hour. For more information call 020 8981 3434.

Local MP Visits

Year 9 girls from Central Foundation Girls School were visited by their local MP, Rushanara Ali in June.

The girls have been participating in the Mosaic Mentoring Programme and went on a visit to Parliament a few weeks ago. During an informal discussion yesterday, they were able to ask Rushanara Ali about her role as their MP, and as part of the Shadow International Development team. She described what she enjoys about her role and what a normal day involves, the girls were interested to hear that Parliamentary business regularly continues until late at night. The girls also asked about Rushanara’s experience of school - her sisters had been pupils at Central Foundation, and Rushanara was a pupil at a school nearby. Rushanara encouraged the girls to make the most of every opportunity to broaden their experiences. She also encouraged them to stay focused at school, so that they can give themselves the best possible range of opportunities in the future.
GFGS 2012 Athletics Champions

Tia Smith 10Q, winning the javelin
Myriam Guenem 8Y, competing in the long jump
Ayse Yuksel 10Q, competing in the shot put
Tia Smith 10Q, winning the javelin

Group celebrate championship title!
GFGS 2012 Athletics Champions

Runelle Thomas 10 L, high jump winner

Tia McIntosh taking the lead in the 100 metres

Afruja Khanom 9U, competing in the long jump

Runelle and Ayse with the winners trophy

Runelle Thomas 10 L, high jump winner
Welcome Year 7 2012-13
by Mr Cole

YEAr 6 STUDENTS 10 who will be joining our school in September 2012 were recently invited into the school to take part in our exclusive ‘Welcome to Central’ programme which was designed and delivered by current students at our school. The programme gave them a chance to meet new students and make friends and importantly gave them an opportunity to meet some school staff and take part in some sample lessons.

STOP PRESS: Welcome to Central returns! Over the summer holidays 2012 we will be offering a free summer school to all of those Year 7 students who are joining us in September 2012. If you are interested in your daughter taking part then please call Ben Cole on 020 8981 1131 ext. 235.

Central+ After School and Holiday Activities
by Mr Cole

CENTrAL+ CELEBRATES its 4th Birthday with even more fantastic activities for your daughter. Its programme has gone from strength to strength over the last four years offering a range of activities after school and in the holidays. Activities are mainly free and range from Horse Riding and Ice-Skating through to Film-making and accredited Cookery courses.

Recent successes have seen regular Central+ goers taking part in some very special activities with a group recently taking part in the very first Central+ skiing trip. Central+ students were recently invited to support Radio 1’s Academy quizzing stars such as Plan B, Rizzle Kicks and Usher on what it takes to make it in the music business. Central+ students also opened the premiere of Streetdance 2 3D by giving a talk on why film education in schools is so important and why they have helped develop our after school Film Club. Finally, as part of Central+ students recently interviewed London’s Mayoral candidates at Headliners Headquarters (Bethnal Green). As part of their OCN accredited course the students learnt the basics of radio journalism testing the likes of Ken Livingstone and Boris Johnson. The groups’ efforts along with other recordings made by Central+ students can be accessed here...


Our next Central+ programme runs over the October Half term Holidays and will have activities for students in Years 7-11. The programme will be again offering accredited opportunities for your daughter alongside a world of opportunities to broaden her horizons and deepen her interests. If you would like to take part in a Central+ course please call Ben Cole on 020 8981 1131 Ext. 235.
Summer Holiday Activities 2012
by Mr Cole

This summer we will again be working with a host of partners to offer our students amazing opportunities to learn and have fun. Over the first two weeks of the holidays (23rd July - 6th August) we will be running over 20 FREE courses and activities for students 11-19yrs.

Courses will range from cookery and sports to drama skills, maths, Arabic, Chinese and graphic design. All courses are totally free with the school open from 10.00-4.00pm. Full course brochures will be given to students in late June. If you would like your daughter to take part in any of these activities please call Ben Cole on 020 8981 1131 ext. 235

United Kingdom Mathematics Trust Challenges 2011-2012
by Miss S. Talukdar, Maths Teacher

A group of students from Years 7 to 10 participated in the UKMT Junior, Intermediate and Team Mathematical challenges earlier on in the year. The individual challenges are lively and designed to stimulate interest in maths.

Various past practice questions with solutions were provided to students in order to prepare students to apply their understanding and skills towards the final challenge.

Congratulations to all students who participated in the challenge!

Highest score and Best in Junior Challenge 2012:
Saleema Rahman 7U

Best in Year & Gold Certificates:
Saleema Rahman 7U,
Ayesha Hasan 8Q,
Rehnuma Trannum 8Q.

Silver Certificates:
Janifa Yasin 8A, Ryhana Ali 8U,
Sumaiya Ahmed 8U,
Faizah Islam 7Y and
Abida Nishat 7Y.

Bronze Certificates:
Syeda Ali 8Q, Iman Khalid 8Y,
Asma Elagady 8Y,
Aysha Begum 8A, Nadiya Shah 8T, Rowan Guy 8E, Salma Miah 8I,
Wasima Chowdhury 8A,
Tasnim Chowdhury 7L,
Syeda Subha Anjum 7A.

Highest Score, Silver Certificate and Best in Intermediate Challenge 2012:
Yasmin Siddiqua Amin 9I.

Bronze Certificates:
Mahin Ismat 10Q,
Saima Begum 10U,
Naseha Yasin 10I,
Tasfiya Choudhury 10Q,
Syeda Mahjabin 10A,
Thasmiah Khanom 10U and
Aziza Rahman 10T.

Team Challenge at Plashet School:
Janifa Yasin 8A,
Hafsa Hussein 8L,
Farah Siddiqui 9A and
Yasmin Amin Siddiqua 9L.

They were all fantastic and competed extremely well against other schools in the region.
Art and Design

Year 9 Achievements

Well done to the Art and Design “ArtsAward” group!

You have shown you can try out new materials and work with professional artists in art galleries to show your independence, creativity as well as developing your leadership skills!

Saleha, Fahima, Samiya, Billie, Michelle, Jasmin, Aysha, Ruhina, Anisa and Liza

Well done to the Early Entry GCSE Art and Design group!

You have shown that you are independent, committed, creative, willing to explore materials and try out new skills and processes and use these to develop your own ideas!!

You have produced amazing work!

Congratulations on completing Coursework Unit 1!

My Body Folded Like A Map

A series of large format prints on the school playground hoardings.

Part of an A.I.R Whitechapel/ CFGS project 2011-2012 with B-TEC photography. The images exhibited on the hoardings outside are a temporary installation. They’ll fade and dissolve with sun and rain. But for a while they’ll transform the space and us…..

“No matter how hard we look, we see very little of what we look at.” James Elkins
The Object Stares Back / On the Nature of Seeing
Congratulations to Year 11 for completing their GCSE Art and Design and producing fantastic work!

The students explored a range of themes including Similarities and Differences and Ordinary and / or Extraordinary and approached these with enthusiasm. Throughout the course they have experimented with a wide range of materials and processes to produce personal portfolios of work which have led to successful outcomes. They have shown creativity, independence, confidence and enthusiasm for the subject and worked with determination to create a range of work.

Congratulations to the AS Art and Design Students!

Students have explored a range of themes including ‘Passions and Obsessions’ and ‘Encounters, Memories and Experiences’ and produced independent work. They have experimented with a range of materials to produce personal portfolios and large final outcomes including installations and video work. Students have shown an enthusiastic approach to their research, making and experimenting.
Central Foundation taking part in a Guinness world record breaking attempt

by Ms Gkotsi

ON 18TH MAY 2012 a group of 25 Year 9 girls took part in a record breaking attempt called the Big Dance school's pledge.

At 1pm the Olympic Torch arrived in the UK – thousands of schoolchildren in the UK and across the world joined together to take part in a world-record breaking dance. With the support of the British Council, a choreographed dance took place simultaneously in over 1,000 schools throughout the UK and across Europe, USA, South America, South-East Asia, the Middle East and the Far East.

The current world record for the largest simultaneous multi venue dance is held by the Netherlands, with 1,472 locations and 264,188 people dancing. We are waiting to find out if we managed to break it with this year's attempt!

The Mayor of London, Boris Johnson said: ‘Not everyone can compete at the Games, but we want as many people in London and across the world as possible to feel a part of this incredible year. I’m delighted to support Big Dance, which is already hugely popular in the capital and a fantastic way to join in the 2012 celebrations’

The routine that our girls performed had been choreographed by Wayne McGregor Artistic Director of Random Dance and Resident Choreographer at the Royal Ballet.

The girls worked on their dance in class but also after school with a group of talented students from partner schools that are part of our Spring Up! programme.

Big Dance is one of the world’s biggest dance festivals, and this year it is one of the highlights of London 2012 Cultural Olympiad. Big Dance in London has been funded by Legacy Trust UK, creating a lasting impact from the London 2012 Olympic and Paralympic Games by funding ideas and local talent to inspire creativity across the UK. The programme is delivered by the Mayor of London, Arts Council England and Foundation for Community Dance with a network of Big Dance Hubs. It will feature work on television, in the streets, in theatres and schools and right into the heart of communities all over the country.

Well done to CFGS girls and students from local primaries and many thanks to the CFGS dance department for their support.
Send My Friend to School

‘Send My Friend to School’ is a campaign that has brought together hundreds of thousands of students and teachers in the UK who want the government to keep its promise and make sure that every child in the world can go to school by 2015. This is a campaign run by a number of organisations, including charities and teaching unions, who all believe in the importance of education.

Central Foundation Girls’ School have been part of the campaign since 2010. This year our efforts are themed around the Olympics, to represent the need to not only win gold at the games but to win gold for those children who need to be given a voice. This is a race where we not only as a nation, but as a world have to ‘go for gold’ - settling for bronze and silver is not an option for the 67 million children who are still left without a proper education.

Due to the campaigning of 5386 schools around the world we have begun to see some progress:

- In Somaliland, the government announced a policy for free basic education
- In Niger the government announced that 25 percent of the national budget would go on education from now on
- In Angola the government approved a national plan to promote education for women and girls
- We hope that many more announcements will be made on 8th November when world leaders gather at an international meeting to make pledges to help achieve education for all.

However although these successes show the campaign is working, it does not however mean the promise has been lived up to. There are still 67 million children around the world without an education and at the current rate of progress there will still be about 50 million children out of school in 2015. Therefore this journey is not over, it is only beginning and every hand extended towards the cause is a step closer to the goal.

Ms McNulty, Literacy Leader says...

“At Central Foundation we are aspiring to be a ‘Right’s Respecting School’. We encourage our students to become Global Citizens and through the Send My Friend to school campaign the girls can speak out for the 67 million children around the world who are denied any sort of formal education. The girls feel very strongly that these children should have equal rights; they enjoyed decorating the Olympic Medals to remind Downing Street of the promise that they and the other G8 Leaders made in 2000 that by 2015 all children would have at least Primary education. We are very proud of the girls and we hope their efforts will make a difference. I would like to thank Ayesha Mazumder 13A2 in particular for all the hard work she has put in kick starting the project again this year and motivating the students to take part.”

Children’s Poetry Competition
Celebrating 10 years Of Idea Stores

The Idea Store (Bow) invited students to take part in a poetry competition celebrating the 10 years anniversary of the opening of Idea Stores. All students were awarded a certificate for taking part and Suha Sabran 7U won 3rd prize in the under 16 category she was awarded a certificate and a £15 book token

God knows how the world will be years from now.
Will the sky be green, grass be blue and everything upside down?
Will we barely be able to remember our nouns?
Will we still get milk from cows?
God knows how the world will be years from now.
Will we be in a parallel dimension?

What about habitation on another planet? Jupiter? Mars?
Will we be held behind steel bars?
Will any of us have a pension?
God knows how the world will be years from now.
Will we travel in flying saucers?
Or transform back into apes?
Will we be able to write like Chaucer?
Or bind ourselves in sticky tape?
God knows how the world will be years from now.
Well, until then I’m satisfied with living the life I have now…

Suha Sabran 7U
**Library News**

**Booked Up**

BOOKED UP is a national programme that aims to give a free book to every child starting secondary school in England. Booked Up’s goal is to support and encourage reading for pleasure and independent choice. Year 7 pupils chose their free book from the list of 13 specially selected titles.

Each Year 7 class had a session in the Library looking at the books to choose the one they wanted. The order was sent off and the books arrived. The students received the book they had chosen during their English reading lesson in the library.

**Year 7 Bookmark Competition**

Year 7 took part in a bookmark competition, they were asked to design a bookmark with the theme of reading or their favourite book. There were lots of entries and three winners were chosen by the Librarians. Each of the winners was awarded a book token and everyone who entered was presented with a certificate.

The 5 winners were:
- Taahira Begum 7E
- Nabila Ahmed 7A
- Nazifa Khan 7U
- Suha Sabran 7U

**Booked Up Book Review Competition**

Year 7 took part in a library competition and did book reviews about the books that they had chosen during booked up some are below

<table>
<thead>
<tr>
<th>Name: Jasmin Begum Kamal Form: 7T Title: Artichoke Hearts Author: Sita Brahmachari</th>
<th>Why I chose this book: I specifically chose this book as I read the blurb of the book and it seemed like I’d enjoy it. Also because the author came in and explained in more depth about the book herself</th>
</tr>
</thead>
</table>

A little bit about the story: The story Artichoke Hearts is about a girl called Mira and her dear Nana Josie is dying of cancer. Mira’s life is full of dilemmas, twists and turns and love – from tender to protective just like an artichoke

What I liked about this book: I liked it when in the first part of chapter one Frankie burns her sister’s top with the iron and her sister says “what have you done” Frankie didn’t know what was going on, all she could see in her hand was a rag

Things that were not so good: Overall there isn’t really much to improve on this book, I wish that it could have been slightly longer and that the characters were described more widely

Star rating: 4/5

Name: Ayiasha Islam Form: 7I Title: Artichoke Hearts Author: Sita Brahmachari

Why I chose this book: I chose this book because I read the blurb and it intrigued me into getting this book. Also when I saw the front cover I knew it was an exciting story

A little bit about the story: This book is about a young girl who loves fixing peoples problems, sometimes people don’t want her help and she sometimes causes a bit of a disaster, but Frankie always fixes things eventually

What I liked about this book: I liked the beginning could be better improved because it doesn’t draw you in as much as it should have

Star rating: 3/5

Name: Bushrah Al Form: 7Y Title: Frankie Foster Author: Jean Ure

Why I chose this book: I chose this book because I read the blurb and it intrigued me into getting this book. Also when I saw the front cover I knew it was an exciting story

A little bit about the story: This book is about a girl called Mira and her dear Nana Josie is dying of cancer. Mira’s life is full of dilemmas, twists and turns and love – from tender to protective just like an artichoke

What I liked about this book: I liked how the author portrays the characters feelings using fantastic vocabulary

Things that were not so good: Frankie always makes trouble she tries to fix things but everything didn’t turn out so good, but at the end of the day she managed to solve the problems

Star rating: 3/5

There were clear favourites:
- Artichoke Hearts by Sita Brahmachari
- Frankie Foster by Jean Ure
Idea store visits
Year 7 visited the Bow Idea Store as part of their English reading lessons. After their tour round the Idea Store the students browsed the shelves and borrowed books and CDs.

Author visits
So far this year we have had visits from Bali Rai, Sita Brahmacarri and The Two Steve’s
This is what Bali Rai wrote about his visit to our school after speaking to Year 9 students.

“I had a wonderful time at Central Foundation and thoroughly enjoyed my visit. The girls were the perfect combination of attentive, questioning and interactive, and it was a pleasure to meet them, and introduce myself and my work. Thank you so much for inviting me in to your school and I hope to see you all again sometime,”
Warmest wishes,
Bali.

Readathon 2012
Year 7 have taken part in a sponsored read to help raise money for “Readathon” a worthwhile charity that raises money to help sick children, altogether they raised £117.74

Central Critique Reading Group
We have set up a 6th form Reading Group called Central Critique. We are piloting the use of Kindles to download our preferred book choices. We meet monthly to discuss and write reviews on the books we have read. Our reviews are uploaded on to Fronter and displayed on the Central Critique notice board in the CTC library.
Look out for our rave reviews!!!!

Cover 2 Cover
Cover 2 Cover our book buying magazine still continues to be very popular with students who enjoy buying up to the minute fiction at very reasonable prices. The library earns vouchers from the sales and we use these to buy new books.

Visit from the Duchess of Cambridge
During a residential trip Year 9 Gifted and Talented students were visited by the Duchess of Cambridge, Kate Middleton.

Maisha Rahman (9A) shook hands with the Duchess as the ambassador for CFGS. Students from CFGS and Sir John Cass took part in a weekend of teamwork and problem solving challenges at the Margaret Macmillan House activity centre. The visit was part of a programme developed by the Education Business Partnership and funded by KPMG. The Duchess was visiting an ARK school that was also at the centre, stopped by to see the results of the egg drop challenge. The Year 9 students thoroughly enjoyed the weekend and met all the challenges with intellect and enthusiasm.
News from SEAL/PSHE/L2L Faculty - SSeth

1. Peer Work Programmes to Promote Healthy Living Year 10 SRE

IN CONSULTATION with the school council and on request from Year 10 students, SRE peer mentoring was organised this year by Ms. Seth, Ms. St. Luce and Ms. Davidson. Youth and Connexions Services, London Borough of Tower Hamlets helps the schools to run three projects to promote Healthy Living among students. CFGS participated in two out of the three projects. One of them was SRE for Year 10. As part of this programme, students need to attend two day off-site training sessions and four 50 minute follow up sessions in school. After the training, students mentor other students in their Year group during lunch and break times. They evidence and record their conversations in the diaries provided. Specialist support and advice is provided by the youth services during follow up sessions. These were followed by an inspirational assembly on forced marriage.

2. ASSIST PEER MENTORING:

IN A BID to promote healthy lifestyles and improve students attitudes towards personal health so that they are fit to learn and progress, 30 students from Year 8 participated in ASSIST, that is, Anti-Smoking Peer Mentoring run by Tower Hamlets Healthy lives team. In March, Ms Seth and Ms Munro accompanied the students for off-site training for two days. These students came back and mentored their peers in their Year group about the dangers of smoking and how to develop refusal skills.