

# BTEC Sport – Level 2

## How long is the course?

1 year

## Who is the course for?

BTEC Sport will suit you if you are interested in physical activity and enjoy being practical. This course will develop your people, communication, planning and team-working skills. BTEC sport offers good pathways to A Level PE, BTEC Level 3 Nationals in Sport or Sport and Exercise Sciences.

## How will I be assessed?

This course is made up of 75% internal assessment and 25% external assessment.

The internal assessment will be assessed by your teacher and consist of video evidence, photos, homework assignments and lesson plans. The external assessment will be assessed via a 60 minute online test out of 50 marks.

## What could I do after the course?

- A Level PE
- Level 3 Nationals in Sport
- Sports and exercise science
- Physiotherapy
- Nutritionist
- Occupational therapy & injury rehabilitation
- Coaching/teaching

## What else do I need to know?

You will be given a choice of different activities to choose from at the start of the year, to participate in and learn how it takes place.

## What will I be studying?

### Internal Assessment 75% (you will study one compulsory unit and two optional units)

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|--|------------|
| • <b>Practical Sports Performance (compulsory)</b> | <b>25%</b> |
| • The Mind and Sports Performance (optional)       | 25%        |
| • The Sports Performer in Action (optional)        | 25%        |
| • Training for Personal Fitness (optional)         | 25%        |
| • Leading Sports Activities (optional)             | 25%        |

### External Assessment 25%:

- |  |            |
|--|------------|
| • <b>Fitness for Sport and Exercise (compulsory online exam)</b> | <b>25%</b> |
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**Exam Board:** Edexcel

**Contact Name:** Miss Whitehorn