

Preparing your child for Nursery or Reception

Happy families



Role of the family worker...

I am here to support you. Here are some different aspects of my role in school:

- Supporting parents/families.
- Monitoring lateness and attendance.
- One of the adults responsible for safeguarding in school.
- Liaise with the educational welfare officer.
- Work with the Inclusion Manager to help support families where they may have concerns about their children.
- Liaise with the team at Heathfield Children's Centre to encourage parents to access the activities and support on offer.



Activities and support in the community...

www.richmond.gov.uk/heathfield_summer_programme_2017.pdf

Where are we?

Heathfield Children's Centre
Powder Mill Lane
Whitton
TW2 6EX
020 8734 3405
heathfieldcc@achievingforchildren.org.uk



Find us online at:
www.richmond.gov.uk/childrens_centres
www.facebook.com/RichmondFIS

Translation Advice

Please contact us if you need this leaflet in Braille, large print, on audio tape or in another language.
Phone: 020 8891 1411
Minicom: 020 8831 6001



West Cluster
Richmond upon Thames
Heathfield serving Twickenham and Whitton

Summer Programme 2017
18 April to 21 July

 **achieving for children**



Challenges when your child starts school...

You may notice a change in your child's behaviour when they start school. Here are some top tips that might help you...

- It is important to be punctual and get your child to school on time. It is best to arrive around 10 minutes early, so you have an opportunity to meet other parents. We find if you arrive too early the children get bored and restless. Please make sure they are not late for school, it is unsettling for your child as you will need to bring them to the front entrance and one of the office staff will take them round to their classroom.
- If your child is unwell, please telephone school as soon as you know they will not be attending. You can leave a message on the answerphone. You will need to give a reason for your child's absence.
- You may notice your child is tired and/or hungry when you pick them up from school. Try giving them a healthy snack (e.g. banana) when you greet them. If they are tired, they may not want to talk about their school day as soon as you see them – it might be better at dinner or bedtime.
- Try to keep routines consistent and if you have more than one child, allocate a 'special time' to talk about their day – dinner time, bath time or bed time.



How can you support your children's learning?

- When asking about your child's day, try to be specific,
“Can you think of 2 friends you played with today?”,
“What did you play with outside?”
“Do you remember which fruit you had for snack time?”
“Did you build a model? What was it?”
- Relax and read a story with them whenever you can.
- Take time to listen.
- Ask open ended questions- “How are they feeling?”
And “What would you do if?”
- Offer to come into school and share your experiences.
- Go on school outings or trips if you can.
- Talk to your child's teacher about the projects that they are doing and bring in things from home that might help.
- Communication communication communication.



Any questions?

