Contents

4 Welcome
6 Our Achievements
6 What our students do after Sixth Form
7 Helping you achieve your goals
9 The Lord Mayor’s Cultural Scholarship Programme
9 Duke of Edinburgh Award
10 Basketball Academy

12 Art and Design: Graphic Communication
12 Art and Design: Textile Design
13 Fine Art
13 Biology
13 Business Studies
14 Chemistry
14 Computer Science
14 Drama and Theatre Studies
15 Economics
15 English Literature
15 Extended Project Qualification (EPQ)
16 French
16 Geography
16 German
17 Politics
17 History
17 Mathematics
18 Further Mathematics
18 Music Technology
18 Photography
19 Physical Education
19 Physics
19 Psychology
20 Religious Studies
20 Sociology
20 Spanish

22 Business
22 Information Technology
23 Sport
Welcome

Hello and welcome to the City of London Academy (Southwark).

The City of London Academy Sixth Form is a centre of excellence, sponsored by the City of London Corporation. We offer you a broad, high quality education with an added focus on our Business & Enterprise and Sport specialisms.

Our enrichment programme offers you a choice of the latest opportunities, from skills-based activities to working within the local community and the City of London. We have a strong tradition in Mathematics, Science and the Arts with plenty of opportunities for you to get involved. There is also Sport at all levels, the Duke of Edinburgh Award and the opportunity to take up a unique placement through the Lord Mayor of the City of London’s Cultural Scholarship Programme.

We have received national recognition for our work in a number of areas, including the Investors in Careers award for our exceptional work in supporting students’ progression towards their choice of higher education or the world of work; Artsmark Gold; the e-Safety Mark and Inclusion Quality Mark with Centre of Excellence status in recognition of our culture, ethos and values.

Our Sixth Form team sees your personal development and happiness as central to your success and we will support you to excel as an organised and motivated learner and will help you make a positive, informed decision about your Sixth Form study programme.

Student leadership is a key feature of our ethos and our elected Head Girl and Boy lead a thriving Student Voice committee. Working together to represent students’ views across the school, they deliver an inspirational range of social and charitable activities. We are an Academy that takes pride in nurturing talents, celebrating success and preparing you for your future roles in the community, society and the world. You can be sure you are joining a vibrant and high achieving Sixth Form.

We look forward to welcoming you into our community as a member of the City of London Academy (Southwark) Sixth Form.

Richard Bannister, Executive Principal
Abigail Blessing, Vice Principal, Director of Sixth Form
Our Achievements
Our achievements

• A top performing Sixth Form Academy in London Borough of Southwark (APS per student)
• Recognised by the Department for Education as one of the top ten non-selective schools/colleges for progression to higher education
• 100% Pass rate A*-E, 49% A*-B and 79% A*-C
• ASP per student is 35.22
• 100% of students progressing to higher education or apprenticeships
• Significant increase in students securing places at Russell Group universities including The Royal Veterinary College
• Holders of the Investors in Careers Award for our dedication to student wellbeing and personal development
• One of ten Academies in the country to be awarded the prestigious Basketball Academy Status

What our students do after Sixth Form

• Attend Russell Group universities including: Cambridge, Oxford, Exeter, Imperial College, King’s College, University College London, Queen Mary’s, Nottingham
• Study popular undergraduate courses such as: Business, Management, Law, Medicine, Computing, Politics, Biological Sciences and Sociology
• Participate in Apprenticeships: Business, Drama, Administration and Photography
• Pursue their interests in sports and the arts: Sports and Exercise Science, Drama and Theatre Practice and Music
Helping you achieve your goals

Whether you aim to continue your studies at university, enter employment or are undecided, we have a support programme for you. As well as on-going support and guidance with university applications, you will have the opportunity to take part in a range of access schemes that encourage and support your progression into Higher Education. These include:

**Balliol College Floreat Access Programme**
Alongside working closely with our link colleges in Oxford and Cambridge (St Anne’s and Pembroke Colleges) we are now also working with Balliol College, Oxford, to provide a humanities and social science access programme. Students are presented with undergraduate-style reading lists and are engaged in seminar style discussions with Oxford academics. Advice regarding admissions and interviews is also given and the opportunity to attend a summer school in Oxford.

**Realising Opportunities**
Through University College London and a range of Russell Group and top-performing research-intensive universities, selected students attend subject-specific lectures, as well as receiving e-mentoring support from current students. They are also offered online study skills modules and a summer school place.

**Goldsmiths University Progression Scheme**
This offers a range of events aimed at encouraging students to explore university life and make a successful transition. There are subject-specific lectures and master classes, e-mentoring, a summer school, workshops and trips.

**Pathways to Excellence Programme**
Students who achieve 5 A*-A or 5 Grades 9 -7 at GCSE, or show exceptional ability during the course of the year, are eligible for our Pathways to Excellence Programme. This has been set up with the aim of challenging academically able students, raising aspirations to Russell Group universities and providing encouragement and support with applications to summer schools, taster days and university courses.

**Students on this programme benefit from:**
- Mentoring from Russell Group university students and high-achieving alumni
- Subject-specific lectures, workshops and university taster days
- Trips to Russell Group universities
- Meeting with Outreach Officers and Professors from competitive universities
- Professional links with the City
- Bespoke study skills sessions, stress management and exam technique
We are committed to providing students with access to elite universities such as the Russell Group and Oxbridge, and to courses such as medicine, veterinary science and dentistry. Our Scholarship Fund recognises that there may be additional financial demands on students pursuing this pathway, and is therefore designed to ensure that finance is not a barrier to your success.

Students who qualify for this Scholarship Fund, currently £1000 over two years, will need to have achieved seven or more grades 7 or above at GCSE including English or mathematics.

**Careers Support**

We appreciate that some students will wish to consider alternative pathways including routes into employment, and we support students interested in careers, school leavers’ programmes and apprenticeships.

**Career Ready Programme**

Through this programme, students are offered a series of masterclasses on employability skills, paid internships for the summer holidays and a range of sector-specific insight days and work experience opportunities. This is run in collaboration with Bacon’s College and St Michael’s Catholic College, with the support of Southwark Council.

**Careers Events**

We hold regular careers events throughout the year, including career-specific talks from Tuckers Solicitors, InternFirst, All About School Leavers, Step Forward, City of London Apprenticeships, Southwark Council Apprenticeships and many more employment providers. We have also run Speed-Networking and Interviewing events which include a focus on apprenticeships, personal finance, CV writing and interview skills workshops. Students are also offered regular and inspiring trips and visits to a wide range of business and institutions, such as Goldsmiths University, Lloyds of London, the Royal College of Obstetricians and Gynaecologists and a number of university fairs.

“I’ve been here for six years now and I’ve just seen the school go from strength to strength. Increasingly becoming more diverse and facilitating in every sector.”

Mugisha Uwiragiye
The Lord Mayor’s Cultural Scholarship

We offer students the opportunity to gain powerful insights into cultural organisations and develop competitive and impressive CVs and university applications. As the founding school for the Cultural Scholarship Scheme, the City of London Academy (Southwark) is one of only three Schools across London that offer this prestigious programme.

Created by Geoffrey Bond OBE, DL, FSA, a former Sheriff of the City of London, the scheme offers unique placements for Sixth Form students at prominent cultural organisations, including Sir John Soane’s Museum, the Royal Opera House, Buckingham Palace, the National Portrait Gallery, the National Archives, Guildhall Art Gallery and Library, Ham House and Wimbledon Lawn Tennis Museum.

Duke of Edinburgh Award

The Academy runs a successful Duke of Edinburgh Award Scheme with over 70 students involved. Students have the opportunity to complete Bronze, Silver and start the Gold award. We have a 88% completion rate - the highest in Southwark - and we are extremely proud that our school has won an award for supporting young people through such a prestigious programme.

The Duke of Edinburgh Award (DofE) is globally recognised. Students take part in an exciting and challenging programme of activities, gain employable skills and strengthen their CV. As a programme highly regarded by universities, the DofE award carries UCAS points.

The course is split into four sections: volunteering, physical activity, skills development and an expedition.

“[The London Metropolitan Archives was an] Interesting insight into the collection and processing of the city’s documents. I particularly enjoyed working on my personal project as the centre was filled with sources.”
- Sameera Sesay

“I really enjoyed working on everything [at Ham House]. I gained loads of skills and would love to do it again.”
- Ceri Johnson
Basketball Academy

Our Basketball Academy was launched in September 2013 to create a centre of excellence. Staffed by two full-time National Basketball League coaches, Strength & Conditioning Coach and Physiotherapist, we are accredited as one of just ten “Basketball Schools” by Basketball England. We are also one of twenty schools offering the Advanced Level Apprenticeship in Sporting Excellence “AASE” Programme.

Our teams compete in the Men’s and Women’s Elite Academy Basketball Leagues. These are the top leagues in the UK for school basketball and we are proud to be one of only six Academies in the UK with this offering. We regularly take students to the States for exposure tournaments, where they will play in front of 400-500 college scouts.

Since City of London Basketball Academy launched, in 2013, our students have earned scholarships at universities including Wake Forest in North Carolina, California’s Santa Clara University and Wagner College in New York. This summer, eight CoLA pupils flew to the States to begin four-year basketball scholarships, continuing our respected record of sending students to America’s elite universities.

We are also one of 16 schools in England offering the Advanced Level Apprenticeship in Sporting Excellence (AASE) Programme, a training and development route for young players with basketball talent.

We have had an extremely successful year with our U19 girls capturing the Academy’s first elite basketball award, lifting the WEABL trophy and being crowned national champions. The boys U19 also had another solid season making the playoffs for the second consecutive year, capturing some great wins along the way. The Academy has also kept up the fine tradition of producing both regional and national team players in recent years with six players called up to national team squads. The Basketball Academy students participate in a vibrant, disciplined and purposeful learning environment where they have the opportunity to excel, both on court and in their academic studies.

Applying to our Sixth Form

Please visit our website www.cityacademy.co.uk/sixthform, to find out more about our Sixth Form, our entry requirements and the application process. All applicants must complete the Sixth Form application form available on our website. The deadline for application forms is 10th January 2018.

To apply for the Basketball Academy

Applicants must apply for a place at the City of London Academy as above and check the Basketball Academy box. They must fulfil specific academic entry requirements in order to join the Basketball Academy.

If you have any questions regarding applying to our Basketball Academy, please email: basketball@cityacademy.co.uk
A Level Subjects
A Level Subjects

Art and Design: Graphic Communication
AQA 7203

A Level units include a personal study and an externally set task. These are assessed by practical exam and a portfolio of work.

Enrichment opportunities include: art gallery / museum / degree show visits; workshops including: Royal Academy life drawing; guest speakers; summer school courses; work experience contacts; University of the Arts London portfolio lecture and surgery.

Suitable for undergraduate courses in Foundation Art (general or subject specific), Fine Art, Architecture, Product Design, Information and Interface Design and Spatial, MA courses (chosen field).

Art and Design: Textile Design
AQA 7204

A Level units include a personal study and externally set task. These are assessed by practical exam and a portfolio of work.

Enrichment opportunities include: art gallery / museum / degree show visits; workshops including: Royal Academy life drawing; student-to-student teaching to enrich portfolio material; guest speakers; summer school courses; University of the Arts London portfolio lecture and surgery.

Fine Art
AQA 7202

A Level units include a personal investigation and an externally set task. These are assessed by practical exam and a portfolio of work.

Enrichment opportunities include: art gallery / degree show visits; various workshops such as life drawing at the Royal Academy, annual community exhibition; and the practice of a range of skills and techniques which include traditional painting and drawing, ceramics, screen printing, contemporary fine art and more.


Biology
AQA 7402

A Level units include: Biological Molecules; Cells, Exchange of Substances; Genetic Information; Energy Transfer; Responding to Change; Genetics Population; Evolution and Gene Expression. These are assessed by written exam (3 papers, each 2 hours).

Enrichment opportunities include: trips to educational sites; practical experience; scientific talks and lectures; and close collaboration with King’s College London Neurobiology Department which delivers hands-on workshops throughout the year with an optional work experience programme in June / July.

Suitable for undergraduate study in Medicine, Veterinary Sciences, Biomedical Sciences, Biochemistry, Biology, and Social Sciences.

Business Studies
AQA 7131/7132

A Level units include: what is business?; managers; leadership; decision making to improve performance (marketing; operational; financial; human resources); analysing the strategic position of a business; choosing strategic direction; strategic methods and managing strategic change. These are assessed by written exam (3 papers, each 2 hours).

Enrichment opportunities include: trip to the Coca Cola factory to analyse operations; Learning Pod and other multimedia channels including: tutor2u, bized and BBC Bitesize; guest speakers from investment banking / business institutions; a range of magazines and DVDs to aid study.

Suitable for undergraduate study in Business Administration, Economics, Politics, Finance, Accounting, Management, Marketing, and Human Resources.
A Level Subjects

Chemistry
AQA 7405

A Level units include: physical chemistry and inorganic chemistry; physical chemistry and organic chemistry; and practical skills. These are assessed by written exam (3 papers, each 2 hours).

Enrichment opportunities include: leading KS3 science clubs; acting as lesson mentors; British Science Association Crest Awards; museum / laboratory visits; industry and university links including: University of York, King’s College, London, The Salters’ Institute, BP and Zeneca Agrochemicals.

Suitable for undergraduate study in Chemistry, Pharmaceutical Sciences, Engineering, Forensics, Medicine, Teaching, Philosophy and Geology among others.

Computer Science
OCR H446

A Level units include: computer systems, algorithms and programming; and a programming project. These are assessed by written exam (2 papers, both 2 hours, 30 minutes) and non-exam assessment.

Enrichment opportunities include: links with universities; trips to the BETT education technology show and Bletchley Park, birthplace of British code-breaking and modern information technology; codes and ciphers workshop exploring encryption techniques.


Drama and Theatre
AQA 7261/7262

A Level units include: knowledge and understanding of drama and theatre; study of two set plays; analysis and evaluation of the work of live theatre makers. These are assessed by written exam (3 hours) and the process and performance of devised drama.

Enrichment opportunities include: Academy musical production; drama club; stage management; Shakespeare Schools’ Festival; trips to local and West End theatres; workshops by professional actors from prestigious drama schools including Central and RADA; links with theatre companies. Appropriate for undergraduate study in Performing Arts, Drama, Music, Psychology, Law, and English.
Economics
OCR H060/H460

A Level units include: microeconomics, macroeconomics and themes in economics. These are assessed by written exam (3 papers, each 2 hours).

Enrichment opportunities include: trips to institutions like the Bank of England and the City of London; guest speakers from FTSE 100 companies, government institutions and universities discussing microeconomic and macroeconomic issues; access to key economic publications. Appropriate for undergraduate study in Economics, Econometrics, Accounting, Business Economics, International Relations, and Philosophy, Politics and Economics (PPE).

English Literature
Edexcel 9ETO

A Level units include: Drama - A Streetcar Named Desire; Prose - The Handmaid’s Tale by M. Atwood and Frankenstein by M. Shelley; Poetry - selection of contemporary poetry from Poems of the Decade: An Anthology, and John Keats Collected Poems; Coursework - comparing a text of choice to The Great Gatsby by F Scott Fitzgerald. These are assessed by written exam (2 papers: 2 hours, 15 minutes and 1 hour) and coursework.

Enrichment opportunities include: Poems of the Decade conference with lectures and workshops; theatre trips to productions of set texts; screenings of plays studied on the course; tutorials and drop-in sessions.

Appropriate for undergraduate study / further study in Journalism, Teaching including English as a Foreign Language, Librarianship and Information Management, Advertising and Copywriting, The Arts, Marketing and Public Relations.

Extended Project Qualification
AQA 7993

Entry Requirement: Pathway E or D students must pass course suitability period

Key skills include: selecting and evaluating sources in terms of reliability and validity; organisation and time management strategies; designing, analysis and evaluation of primary research; writing skills; information analysis; evaluation skills; oral presentation skills. The Extended Project Qualification is assessed by research project and presentation.

Enrichment opportunities include: Westminster University research sessions; support from Ipsos MORI market research company; research sessions with CoLA library team.

Appropriate for undergraduate study in any field, ranging from Biochemistry to History, Law, English and Social Science.
A Level Subjects

French
AQA 7652

A Level units include: listening, reading and writing; writing; speaking. These are assessed by written exam (2 papers: 2 hours 30 minutes and 2 hours) and speaking exam (21-23 minutes).

Enrichment opportunities include: dedicated time with native-speaker assistant; access to multimedia languages lab and modern languages library including books, magazines and DVDs; film and theatre visits; trips abroad; work experience in French-speaking organisations.

Appropriate for undergraduate study in Modern Languages, Interpreting and Translation, Education, Joint Honours with a wide range of subjects including English, Maths, Engineering, Law, Business and Accountancy.

Geography
AQA 7036/7037

A Level units include: physical geography, human geography and fieldwork investigation. These are assessed by written exam (2 papers, both 2 hours, 30 minutes) and a fieldwork project of 3,000-4,000 words.

Enrichment opportunities include: field trips to the Brecon Beacons National Park, Jurassic Coast and Iceland.

Appropriate for undergraduate study in Geography, Archaeology, Religious Studies (Theology), History, Philosophy, Literature and Languages, Environmental Studies, Environmental Science or Sustainable Development.

German
AQA 7662

A Level units include: listening; reading and writing; speaking. These are assessed by written exam (2 papers: 2 hours 30 minutes and 2 hours) and speaking exam (21-23 minutes).

Enrichment opportunities include: access to multimedia languages lab and modern languages library including; books, magazines, and DVDs; film and theatre visits; trips abroad; work experience in German-speaking organisations.

Appropriate for undergraduate study in Modern Languages, Interpreting and Translation, Education, Joint Honours with a wide range of subjects including English, Maths, Engineering, Law, Business and Accountancy.
Government and Politics

A Level units include: Government and Politics of the USA, A comparative study of the USA; Political Ideologies. These are assessed by written examination (2 papers, all 2 hours).

Enrichment opportunities include: Developing investigative approach in study seminars; trips to the houses of parliament and universities.

Appropriate for undergraduate study in History, Law, International Relations, English, Economics, and Business Studies.

History

AQA 7042

A Level units include: Tudor England 1485-1603; revolution and dictatorship in Russia 1917-1953; Britain and Ireland 1800-1922. These are assessed by written exam (2 papers, both 2 hours, 30 minutes) and coursework of 3000-3500 words.

Enrichment opportunities include: Trips to Ireland and Hampton Court; Russian history seminars; a wide range of resources to develop students’ understanding including academic works, historical journals, fiction and documentaries.

Appropriate for undergraduate study in History, Politics, International Relations, Law, Economics, English, Accountancy, Marketing, and Business Studies.

Mathematics

Edexcel 9MA0

A Level units include: Pure maths 1 and 2, statistics and mechanics. These are assessed by written exam (3 papers, each 2 hours).

Enrichment opportunities include: STEP, AEA and MAT teaching; high profile guest speakers including leading mathematician Tim Gowers; Senior Maths Challenge and Senior Team Challenge; visits to university maths departments.

Appropriate for undergraduate study in Mathematics, Sciences, Accountancy, Engineering and Business.
A Level Subjects

Mathematics Further
Edexcel 9FM0

A Level units include: Further pure 1, further pure 2, options 1 and options 2. These are assessed by written exam (4 papers, each 2 hours).

Enrichment opportunities include: STEP, AEA and MAT teaching; high profile guest speakers such as leading mathematician Tim Gowers; Senior Maths Challenge and Senior Team Challenge; visits to university maths departments.

Appropriate for undergraduate study in Mathematics, Engineering, Sciences, and Finance.

Music Technology
Edexcel 8MT0/9MT0

A Level units include: recording; technology-based composition; listening and analysing; producing and analysing. These are assessed by written exam (2 papers: 1 hour and 30 minutes, and 2 hours and 15 minutes) and portfolio.

Enrichment opportunities include: Record, mix and master work in a professional standard music studio including four practice rooms and two classrooms linked to a studio control room; professional musicians to assist with recording assignments; school performances.

Appropriate for undergraduate study in Music Production, Music and Sound Technology, Audio Engineering, Sound Designing, Theatre Studies, Creative Music Technologies, Music and Performing Arts.

Photography
Edexcel 9ADO/9PYO

A Level units include: personal investigation and an externally set assignment. These are assessed by practical exam and portfolio.

Enrichment opportunities include: Visits to galleries; off-site photo-shoots; workshops hosted by professional photographers; annual community and school exhibitions; access to facilities including a darkroom, digital SLR cameras, specialised lighting, photo-studio, and Adobe Photoshop.

A Level Subjects

Physical Education
OCR H555

A Level units include: physiological factors affecting performance; psychological factors affecting performance; socio-cultural issues in physical activity and sport; performance in physical education. These are assessed by 3 written exam (1 x 2hr paper: 2 x 1 hr papers) and practical assessment.

Enrichment opportunities include:
Personalised coaching and practical support from dedicated basketball coaches; use of state-of-the-art facilities including a fitness suite, sports hall, dance studio and extensive AstroTurf; after school activities; regular sports conferences.


Physics
AQA 7408

A Level units include: measurements and their errors; particles and radiation; waves; mechanics and materials; electricity; further mechanics and thermal physics; fields and nuclear physics; astrophysics. These are assessed by written exam (3 papers, each of 2 hours).

Enrichment opportunities include:
Practicals using specialised equipment to investigate and experience physics phenomena; after school talks and lectures; visits to cutting edge research laboratories.

Appropriate for undergraduate study in Pure Physics or Joint Honours with Medical, Theoretical or Astrophysics. Other courses include Architecture, Finance and Business, Mechanical, Electrical, Civil and Aeronautical Engineering.

Psychology
OCR H567

A Level units include: research methods; psychological themes through core studies; applied psychology. These are assessed by written exam (3 papers, each of 2 hours).

Enrichment opportunities include:
lectures by visiting speakers, the use of cutting edge technology including iPads, Google Classroom and instruments for measuring psychological responses. Students have the opportunity to plan and conduct four research projects on topics of their choice.

A Level Subjects

Religious Studies
OCR H173/H573

A Level units include: philosophy of religion; religion and ethics; developments in religious thought (Christianity). These are assessed by written exam (3 papers, each 2 hours).

Enrichment opportunities include: full day Central London study sessions featuring university philosophers such as Peter Vardy; evening lectures in partnership with local schools on topics such as ‘God versus Science’; and access to an extensive range of library journals. Appropriate for undergraduate study in Geography, Archaeology, Religious Studies (Theology), History, Philosophy, Politics and Economics, Law, History and Medicine.

Sociology
AQA 7191/7192

A Level units include: families and households; education with research methods; crime and deviance with theory and methods; beliefs in society. These are assessed by written exam (3 papers, each 2 hours).

Enrichment opportunities include: a variety of trips such as Museum of Childhood; guest speakers; opportunities to debate the Criminal Justice System with ex-police officers; development of learning through wider reading.


Spanish
AQA 7692

A Level units include: listening, reading and writing, speaking. These are assessed by written exam (2 papers: 2 hours 30 minutes and 2 hours) and speaking exam (21-23 minutes).

Enrichment opportunities include: dedicated time with native-speaker assistant; access to multimedia languages lab and modern languages library including books, magazines and DVDs; film and theatre visits; trips abroad; work experience in Spanish-speaking organisations.

Appropriate for undergraduate study in Modern Languages, Interpreting and Translation, Education, Joint Honours with a wide range of subjects including English, Maths, Engineering, Law, Business and Accountancy.
Vocational Courses
Vocational Courses

Business
Edexcel BTEC 601/7159/5

Extended Certificate units include: exploring business; developing a market; personal and business finance; managing an event. These are assessed by written exam (2 hours) and coursework.

Enrichment opportunities include: trips to the Coca Cola organisation; visits to The Poppy Factory staffed by disabled military veterans; leading guest speakers; Young Enterprise.

Information Technology
Edexcel BTEC 601/7575/8

National Extended Certificate units include: information technology systems; creating systems to manage information; using social media in business; data modelling. These are assessed by written exam (2 hours), coursework, externally set tasks and internally assessed units.

Enrichment opportunities include: links with universities; trips to the BETT education technology show and Bletchley Park, birthplace of British code-breaking and modern information technology; codes and ciphers workshop exploring encryption techniques, option to study Cisco: IT essentials.

Appropriate for HND in Business (when taken alongside Business A Level), and undergraduate courses in Fashion Buying Management, Software Development for Animation, Computer Arts (when taken alongside A Level Mathematics).
Vocational Courses

Sport
Edexcel BTEC 601/7218/6

National Extended Certificate in Sport units include: anatomy and physiology; fitness training and programming for health; sport and well-being; professional development in the sports industry; sports leadership. These are assessed by written exam (1 hour, 30 minutes) and controlled assessment (2 hours).

Enrichment opportunities include: personalised coaching and practical support from dedicated basketball coaches; use of state-of-the-art facilities including a fitness suite, sports hall, dance studio and extensive AstroTurf; after school activities; regular sports conferences.
