

Dormers Wells High School

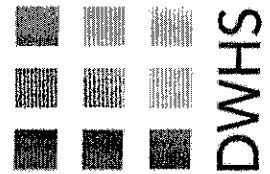
MATHS, COMPUTING, APPLIED LEARNING
AND LEADING EDGE SPECIALIST SCHOOL

Headteacher: Ms R. Walsh B.A., Hons M.Sc.

Dormers Wells Lane, Southall, Middlesex, UB1 3HZ

Tel: 0208 566 6446 Fax: 0208 813 2411

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Dear Parents / Carers,

16th September 2015

HEALTH RELATED BEHAVIOUR SURVEY

Our school has agreed to participate in a very important Health Behaviour Survey amongst young people. We have been asked to support the work of the local authority and we stand to benefit substantially through our participation in the survey.

The survey data in schools may prompt review of the curriculum and has also been used in a variety of ways including:

1. As a starting point for discussion in classroom activities
2. As a guide in the choice of resources
3. As a prompt for appropriate timing of courses
4. As a beginning for further enquiry to strengthen existing programs, e.g. in PE & e-Safety
5. As a starting point for discussions between parents and schools

An Ealing head teacher who has used the survey in their school has said:

"...it gives us useful data to show us the impact of strategies we use and informs us about the physical and emotional health and well-being of the children. It also helps us to plan for the future and to allocate resources and the budget appropriately".

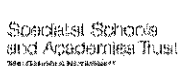
The survey method that we are using has been developed by the Schools Health Education Unit and has been in use for over 30 years. Over 2500 schools have used the survey, many of them regularly repeating the survey. In Ealing the survey has been carried out every two years since 2005 and has been very successful in highlighting the health & well-being needs of young people. The results have been used to inform the support our school receives, the curriculum we use as well as inform changes to our school environment and provision.

The questions concern a wide range of health behaviours, for example:

Home and family	Relationships
Nutrition	Leisure and money
Smoking and Drugs	Exercise
Mental Health	HIV

The Local Authority will also have a reliable database upon which it can plan service provision for children and young people. This is being done in partnership between the local authority, health services and our school.

Each questionnaire is confidential, and no pupil will be identified when the data is returned to your school. The local authority will receive the total summary of all schools results in which individual schools are not identified.



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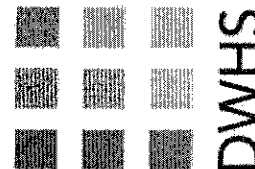
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I hope you will agree with us that this is an exercise in which we wish to co-operate fully. I will assume you do approve unless I hear otherwise and I look forward to sharing with you in planning improved health promotion for our pupils. We hold a copy of the questionnaire in the school office, and if you would like to examine it, you are welcome to do so by appointment.

The survey will be carried out in September 2015.

Yours faithfully,

Ms R Walsh
Headteacher



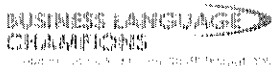
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