

# EASTBURY SUBJECT CURRICULUM

<b>Subject</b>	<b>GCSE Physical Education</b> <b>Exam Board: AQA</b> <b>Specification Code: 8582</b> <a href="https://www.aqa.org.uk/subjects/physical-education/gcse/physical-education-8582">https://www.aqa.org.uk/subjects/physical-education/gcse/physical-education-8582</a>
<b>Year Group</b>	<b>10-11 (Options subject)</b>

<b>Overview</b>	<p>During the 2 years of the GCSE PE course, students will study many aspects of sport and performance to develop knowledge, understanding and skills relevant to physical education. Lessons will be taught in the classroom and through practical activities.</p> <p><b>Assessment:</b></p> <p>Exams – students will complete two written exams at the end of Year 11.</p> <ul style="list-style-type: none"><li>• <b>Paper 1</b> – The human body and movement in physical activity and sport - 1hr 15 mins (30% of overall mark)</li><li>• <b>Paper 2</b> – Socio-cultural influences and well-being in physical activity in sport – 1hr 15 mins (30% of overall mark)</li></ul> <p>Students will also be assessed in <b>Non-Examined Assessment (NEA)</b> worth 40% of the overall mark.</p> <p><b>Practical Assessments</b> – Student performance will be assessed in three different physical activities in the role of player/performer. It must be:</p> <ul style="list-style-type: none"><li>• One team activity</li><li>• One individual activity</li><li>• One activity of your choice, either team or individual</li></ul> <p>Students must also complete an <b>Analysis and evaluation of performance</b> to bring about improvement in one activity from the specification.</p>
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## Content to be covered across 2 years

### **Paper 1 - The human body and movement in physical activity and sport**

#### **Applied anatomy & physiology**

Students should develop knowledge and understanding of the key body systems and how they impact on health, fitness and performance in physical activity and sport.

#### **Movement analysis**

Students should develop knowledge and understanding of the basic principles of movement and their effect on performance in physical activity and sport.

#### **Physical Training**

Students should develop knowledge and understanding of the principles of training and different training methods in order to plan, carry out, monitor and evaluate personal exercise and training programmes.

### **Paper 2 – Socio-cultural influences and well-being in physical activity in sport**

#### **Sports Psychology**

Students should develop knowledge and understanding of the psychological factors that can affect performers in physical activity and sport.

#### **Socio cultural influences**

Students should develop knowledge and understanding of the socio-cultural factors that impact on physical activity and sport, and the impact of sport on society.

#### **Health, fitness and well-being**

Students should develop knowledge and understanding of the benefits of participating in physical activity and sport to health, fitness and wellbeing.

*\*\*Across both papers, students should develop knowledge and understanding of data analysis in relation to key areas of physical activity and sport.*

<b>Homework</b>	Students will complete pre-reading tasks, homework tasks and independent learning activities to consolidate and further extend their learning in the classroom. Homework and independent learning activities will also give students the opportunity to prepare effectively for examinations. Students will be provided with a range of resources and e-learning resources to support their studies.
<b>Additional information</b>	<ul style="list-style-type: none"> <li>• It prepares young people for careers in the sports sector</li> <li>• GCSE qualifications are recognised by employers and educational institutions</li> <li>• It provides a good progression route to A-level PE (available at Eastbury 6<sup>th</sup> Form) and to University</li> <li>• Combined with other GCSEs it prepares young people for future study in a variety of subjects</li> <li>• It provides young people with a passion for PE and Sport with an interesting and diverse experience</li> </ul>
<b>Useful resources</b>	<a href="http://www.bbc.co.uk/sport">www.bbc.co.uk/sport</a> <a href="http://www.skysports.com">www.skysports.com</a> <a href="http://www.thefa.com">www.thefa.com</a> <a href="http://www.rfu.com">www.rfu.com</a> <a href="http://www.englandnetball.co.uk">www.englandnetball.co.uk</a> <a href="http://www.englandbasketball.co.uk">www.englandbasketball.co.uk</a> <a href="http://www.badmintonengland.co.uk">www.badmintonengland.co.uk</a> <a href="http://etta.co.uk/">http://etta.co.uk/</a> <a href="http://www.british-gymnastics.org">www.british-gymnastics.org</a> <a href="http://www.volleyballengland.org">www.volleyballengland.org</a> <a href="http://www.englandathletics.org">www.englandathletics.org</a> <a href="http://www.ecb.co.uk">www.ecb.co.uk</a> <a href="http://www.roundersengland.co.uk">www.roundersengland.co.uk</a>