

Year 7 PSHE Curriculum 2019/20

Autumn 1 - Transition	Spring 1 - Health and relationships education	Summer 1 - Human rights
Character traits – Ambition and Working with others	Character traits – Courage and Patience	Character traits – Creative thinking and Determination
<p>Students will -understand what PSHE is. Why it is important and establish groundrules</p> <p>-consider the similarities and differences between primary and secondary school and how they feel about change</p> <p>-explore the importance of community at school</p> <p>-be able to explain the importance of looking after personal wellbeing in order to be a successful learner.</p> <p>-consider what we should do when things go wrong? Who can help us?</p>	<p>Students will -understand the characteristics and evidence of what constitutes a healthy lifestyle</p> <p>-understand how our bodies change during puberty</p> <p>-explore why our emotions change as we grow older</p> <p>-consider what are appropriate ways to act in different relationships</p> <p>-be able to give advice sensitively to someone who is going through puberty.</p>	<p>Students will -know what human rights are and why they are needed</p> <p>-understand some human rights are protected by law</p> <p>-be able to explain our responsibilities to uphold human rights</p> <p>-explore how people can take action to protect human rights</p> <p>-plan a human rights campaign</p> <p>-reflect on what could happen without human rights</p>
Autumn 2 - Anti- bullying	Spring 2 - Healthy lifestyles and Drug, alcohol and tobacco education	Summer 2 - Careers education and guidance
Character traits - Patience and Helping others	Character traits - Saving for the future and Helping others	Character traits - Saving for the future and Ambition
<p>Students will -explore what makes a good friend</p> <p>-understand different types of bullying and what we should do to stop it</p> <p>-be able to explain why bullying is wrong and the impact it can have on others</p> <p>-understand what cyberbullying is and how to protect themselves from it</p> <p>-to understand how the internet can be used by others to cause harm</p>	<p>Students will -reflect on the importance of understanding what goes into our body</p> <p>-know what are legal and illegal drugs are and how they can affect people</p> <p>-understand the impact smoking can have on someone's life- with reference to Shisha</p> <p>-understand the risks associated with prescribed drugs or taking a substance to get high</p> <p>-understand peer pressure and how it can affect someones decision to take drugs and develop strategies to deal with it.</p> <p>-understand how to get and give help in a drug related incident</p>	<p>Students will understand why it's important to think about your future and start to explore careers choices</p> <p>explore what skills, qualities and interests you have and understand what employability skills are.</p> <p>consider the impact stereotypes can have on career choices</p> <p>use research skills to explore careers</p> <p>understand the importance of looking after money and learning to budget</p> <p>understand reasons why people might save or borrow money</p>