

Year 8 PSHE Curriculum 2019/20

Autumn 1 – Identity and equality	Spring 1 – Relationships and sex education	Summer 1 - Families
Character traits – working with others and determination	Character traits – courage and working with others	Character traits - Patience
<p>Students will</p> <ul style="list-style-type: none"> -understand why PSHE is important and establish groundrules for discussion -reflect on character traits -explore identities and understand rights -understand what prejudice and unconscious bias is -recognise discrimination and understand how to challenge it -consider what it means to live in a multicultural community -be able to talk confidently about something which is important to them 	<p>Students will</p> <ul style="list-style-type: none"> -explore what affects the way we feel about our bodies -know what sexting it is and the impact it can have on people and relationships -consider what qualities we would look for in a partner and what behaviours are unacceptable - understand the facts around pregnancy and dispel myths -understand what contraception is and explore advantages and disadvantages and different methods 	<p>Students will</p> <ul style="list-style-type: none"> - explore what family means to us - explore roles and responsibilities within families - consider why some families experience prejudice and our responsibilities to challenge this -recognise that conflict can occur in families and how to seek help -understand the role of young carers and explore ways we can support them in school and our community
Autumn 2 – Belonging and gangs	Spring 2 – Drugs, alcohol and tobacco education	Summer 2 – Careers education and guidance and financial capability
Character traits - courage	Character traits – helping others and creative thinking	Character traits – saving for the future
<p>Students will</p> <ul style="list-style-type: none"> -consider what qualities we value in a friend. -explore what it means to belong -explore what it means to belong to gang -understand the risks associated with carrying a weapon -explore strategies to feel safe including staying knife free 	<p>Students will</p> <ul style="list-style-type: none"> -understand how to stay healthy -Explore why it’s important to understand what goes into our bodies -understand what risks associated with taking drugs - understand the impact of someone using cannabis -to explore the law relating to cannabis and develop debating skills -understand that drug use has physical, emotional and social consequences -Explore who is affected by drugs related behaviour 	<p>Students will</p> <ul style="list-style-type: none"> -Consider the difference between a career and a job -reflect on what they understand about the world of work -consider what they want for the future - explore the advantages and disadvantages of a range of jobs - explore what working life would be like -consider what value for money means - understand how to look after money and avoid scams