



Eastbury Community School

Hulse Avenue | Barking | Essex | IG11 9UW

Telephone: 020 8507 4500 | Fax: 020 8507 4501 | Web: www.eastburyschool.co.uk

Executive Headteacher: Mr David Dickson, BSc (Hons), MA, NPQH
headteacher@eastbury.bardaglea.org.uk

Primary School

Head of Primary: Ms Aisha Raymond
ped@eastbury.bardaglea.org.uk
Tel: 020 8507 4612

Secondary School

office@eastbury.bardaglea.org.uk
Tel: 020 8507 4500

Sixth Form

Head of Sixth Form: Mr Dominic Simpson
office@eastbury.bardaglea.org.uk
Tel: 020 8507 4595

28 February 2020

Dear Parents and Carers

Please take some time to read the following important information.

Advice on COVID-19

As you know the current situation regarding the coronavirus COVID-19 has intensified in recent days, with more cases in northern Europe being discovered. We have received further advice from Public Health England about what to do in various scenarios.

At the moment the most immediate action is to keep reminding everyone to regularly wash hands, and to stay at home if you feel unwell as we would normally advise.

However, all schools have been given specific advice on a number of scenarios, and you can be assured we will follow any recommended actions if necessary. In the meantime, we are passing on the following:

If you or your child becomes unwell and believe they have been exposed to COVID-19 it is important to self-isolate and call NHS 111, or 999 in an emergency (if they are seriously ill or injured or their life is at risk), and if appropriate, explain which country they have returned from in the last 14 days. You can do this on their behalf if this is easier. People who become unwell are advised not to go to their GP, pharmacy, urgent care centre or a hospital.

If you or your family have travelled from a Category 1 or Category 2 listed area or country, there is specific advice available to you listed on the link below:

<https://www.gov.uk/government/publications/covid-19-specified-countries-and-areas>.

It is also very important not to create alarm or panic. Facemasks are not recommended outside of health establishments, and basic hygiene advice remains the best way of preventing spreading. This includes:

- washing your hands often - with soap and water, or use an alcohol sanitiser that contains at least 60% alcohol if handwashing facilities are not available. This is particularly important after taking public transport;
- covering your cough or sneeze with a tissue, then throwing the tissue in a bin. See Catch it, Bin it, Kill it;
- people who feel unwell should stay at home and should not attend work or any education or childcare setting;
- students, staff and visitors should wash their hands:



- before leaving home
- on arrival at school
- after using the toilet
- after breaks and sporting activities
- before food preparation
- before eating any food, including snacks
- before leaving school
- avoid touching your eyes, nose, and mouth with unwashed hands;
- avoid close contact with people who are unwell;
- clean and disinfect frequently touched objects and surfaces.

We will, of course update you further if advice changes. Please check our website as this will be updated regularly.

Many thanks for your continued support.

Kind Regards

A handwritten signature in black ink, appearing to read 'S Collins', written in a cursive style.

Sharon Collins
Acting Headteacher