



Eastbury Community School

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Primary School

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Dear Parent

As you will be aware, we are a Healthy School and conform to the national school food standards. We have noticed a small number of students are bringing high energy and sugary drinks into school (Red Bull, Monster, Lucozade, Iron-Bru 32, No Fear etc). Can I ask you to help reinforce our message that these drinks are not healthy and must not be brought into school.

High sugar drinks are linked to increases in dental decay, diabetes, obesity and other medical conditions in young people. High caffeine drinks make it difficult to learn and can cause mood swings. High sugar mixed with high caffeine can lead to very poor behaviour.

We have therefore banned students from bringing these drinks into school.

Thank you for your support and understanding.

Yours sincerely

DAVID DICKSON
Executive Head Teacher



INVESTORS

