



Mr Dickson
Executive
Headteacher

SCHOOL MEALS

I would like to thank the school council for meeting with the borough school meals service and myself to put forward ideas on how we can make this service even better. The School council delivered an excellent presentation and represented the views of all pupils in a highly professional manner.

Can I thank all of the parents who are keeping the meal payment card topped up. I urge parents to visit the Parent Pay website and set up an email reminder for when the card needs topping up.

SCHOOL DEVELOPMENT PLANNING

Thank you to everybody who let me know what you want to see as priorities in our focused development work for 2018/2019. Senior leaders are currently reviewing all of the progress we have made this year and we are drafting our priorities for 2019/2020.

Our priorities have been to make our teaching and pastoral care even better. We know we are good we want to get even better! We want to make sure that no one is left behind or left out, with all of our pupils making excellent progress. During the academic year we have been working hard,

- Making sure all pupils are taught even more skills to help them to learn. We call this 'Learning to learn'
- Making sure all our pupils can use the new digital technologies to help them to learn independently
- Making sure all our teachers are making the best use of the latest research into how pupils learn and cognitive science in their teaching.
- Making sure that all the lessons

needed for the new national courses and style of exam are as exciting as possible to all pupils

- Making sure that all pupils get the best out of, and respond to our marking and assessment
- Developing even more strategies to help our pupils who have mental health issues.
- Continuing to develop both cultural and character education

If you would still like to send me any comments they will be considered in our review, and if there is anything you would like the school to focus on during the academic year 2019/2020 please let me know.

Please send me any comments on 2018/2019 and your ideas for 2019/2020 to ddi@eastbury.bardaglea.org.uk

GCSE & A LEVEL EXAMS

Our year 11 and 13 students are making excellent progress with their all important public exams. Can I thank all parents and carers they are providing at this important time. I would like to thank all the staff who have put in many additional hours, and continue to do so, to support our students during the holidays, at weekends and after school. Our students deserve praise for their excellent attitude to revision and behavior before, during and after exams. Keep up the good work. I have every confidence that there will be more superb results this year.

HELP YOUR CHILD BEAT EXAM STRESS

Tests and exams can be a challenging part of school life for children and young

Thought of the Week

Knowledge is power. Information is liberating. Education is the premise of progress, in every society, in every family.

Kofi Annan



We are working towards our



EQUALITIES AWARD BY EQUALTEACH



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people and their parents or carers. But there are ways to ease the stress.

WATCH FOR SIGNS OF STRESS

Children and young people who experience stress may:

- worry a lot
- feel tense
- get lots of headaches and stomach pains
- not sleep well
- be irritable
- lose interest in food or eat more than normal
- not enjoy activities they previously enjoyed
- seem negative and low in their mood
- seem hopeless about the future

Having someone to talk to about their work can help. Support from a parent, tutor or study buddy can help young people share their worries and keep things in perspective.

Encourage your child to talk to a member of school staff who they feel is supportive. If you feel your child isn't coping, it may also be helpful for you to talk to their teachers at school.

TRY TO INVOLVE YOUR CHILD AS MUCH AS POSSIBLE.

A lot more advice can be found using this link

<http://www.nhs.uk/Conditions/stress-anxietydepression/Pages/Coping-with-exam-stress.aspx>

Please do not hesitate to contact a member of our excellent staff who will be able to support your child.

Please contact Stavey Primus on 020 85074528, or the relevant Head of Year (Mr Owen on 020 8507 4526 or Mr Conway on 020 8507 4511)

HALF TERM HOLIDAY (FRIDAY 24TH MAY – MONDAY 3RD JUNE)

May I take this opportunity in wishing all staff, families and students a very happy and restful half term holiday.

EID MUBARAK

I would like to send my best wishes to all families celebrating Eid just after half term and join me in praying for peace all over the world.

Happy Eid Mubarak to everyone. May you all have a very happy and blessed Eid. May this special day bring peace, happiness and prosperity to everyone. Eid Mubarak!

<https://www.nhs.uk/video/Pages/healthy-ramadan.aspx>

<https://www.nutrition.org.uk/healthyliving/seasons/ramadan.html>

Thank You

I would like to thank all the parents and carers who take the time to write to me or stop and chat when I see you as I walk to and from the station, or actually on the train! I am very pleased to hear that you are very pleased with our vision and all that we do to support and help our pupils.

UPCOMING DATES

Summer Exams (cont.)

13 May - 24 June 2019

Half Term

27-31 May 2019

First Day of Term

3 June 2019

Eid

4 June 2019

World Environmental Day

4 June 2019

Y6 into Y7 Interviews

11-14 June 2019

Y11 into Y12 Induction Day

3 July 2019

Last Day of School Year

19 July 2019



25TH ANNIVERSARY - RWANDA GENOCIDE

To commemorate the 25th anniversary of the Rwandan Genocide students took part in a week jam packed with activities.

Students across the school took part in various form time activities organised by the History department and were involved in writing a message about why we should remember and learn about the genocide on a card which in turn was collated to create the Rwandan flag as a tribute to those affected during first and second break and in Geography lessons.

Students in year 9 were also extremely lucky to hear the testimony of a survivor and ex-professional footballer Eric Murangwa, which has furthered the study they have already completed in the classroom.

Finally, two year 9 students, Marius and Sara were taken on a trip to City Hall by Miss Garner where they took part in a workshop on the Genocide. They heard multiple survivors from and were both active contributors in discussions.

During the evening of the event students listened to talks, songs and speeches from

survivors as well as academic writers, journalists and the Mayor of London, Sadiq Khan, himself.

Sara commented 'I now feel more secure in my understanding of the Rwandan Genocide', after the experience.

Overall, a fantastic week was experienced by all and students are now much more informed about the Rwandan Genocide and what they can do to make sure such an atrocity never happens again.

Ms Garner





YEAR 8 MFL TRIP TO THE EUROPA CENTRE

On Monday 29th April, thirty Year 8 pupils visited the Europa Centre in Upminster. The Europa Centre is a unique setting where pupils can use their French in real-life scenarios. Cafés, restaurants, post offices and even supermarkets were available for pupils to use in their role-plays and the Centre staff were impressed with the quality of French language that the pupils used on the day.

Zarmina Khan 8E said, "This French trip increased my French vocabulary and it also gave me a better understanding of how to structure my sentences".

Big thanks go to Ms Rattan for organising the trip and to all the staff

who accompanied the trip on the day.

Year 7 pupils will have the chance to visit the Europa Centre in early July – listen out for announcements in your French lessons the week after the half-term break!

Ms Manning - Head of MFL

