

Physical Education

At Fullwood Primary we believe

Physical education is an essential and integral part of the education process. We believe that physical education, experienced in a safe and supportive environment, is vital and unique in its contribution to a pupil's physical, cognitive, social and emotional development.

We believe that through the variety of opportunities that PE offers, children can develop a sense of personal achievement, fair play, resilience, and team-work.



School sport gives children the opportunity to work with a range of children and learn how sport can transcend social and cultural boundaries.

School Sport

The physical education curriculum aims to provide for pupils' increasing self-confidence through an ability to manage themselves successfully in a variety of situations.

As a School we aim to promote an understanding of the many benefits of exercise, through a balanced range of relevant activities. Children are taught to appreciate the importance of a healthy and fit body, and begin to understand those factors which affect health and fitness.

At Fullwood Primary School, physical education is considered as a vehicle to facilitate access to cross-curricular themes, problem solving and critical thinking rather than a subject concerned exclusively with the acquisition of motor skills and techniques.

We like to provide opportunities for children to experience sport at top levels and arrange trips which allow children to understand how a commitment to sport and healthy lifestyles can contribute to their lives as they grow into adulthood. We aim to develop children's love of sport and physical activity and how they can continue these outside of school hours, by directing children to local clubs where they can continue to develop and achieve.

