

Scheme of Work based on “Journey In Love”

Nursery & Reception	Year 1	Year 2
<p>Myself and Others To recognise: Some feelings Behaviour affects other people.</p>	<p>Myself and Others To know the importance of valuing oneself To recognise that everyone is different.</p>	<p>Differences To understand and respect differences and similarities between boys and girls.</p>
<p>Family Networks That family and friends care for each other</p>	<p>Body Parts Similarities and differences between opposite genders. Name body parts.</p>	<p>Differences To explore some of the differences between males and females. Challenging gender stereotypes.</p>
<p>Body Awareness To appreciate and value their body, its capabilities and uniqueness. Private body parts- Underwear rule</p>	<p>Family To know that there are different types of family and all families have special roles in children’s lives.</p>	<p>Everybody needs caring for To appreciate that everyone needs to be cared for.</p>
<p>Hygiene To understand why hygiene is important.</p>	<p>Friendships To understand what friendship is.</p>	<p>Looking after the body To learn why it is important to keep clean.</p>

Year 3	Year 4	Year 5	Year 6
<p>Self Esteem Identify positive things about themselves and their achievements.</p>	<p>Growing and changing To understand the human life cycle and how the body changes.</p>	<p>Talking about puberty To explore the emotional and physical changes that occurs during puberty.</p>	<p>Puberty and reproduction To explore the emotional and physical changes that occurs during puberty.</p>
<p>Challenging Gender Stereotypes Recognise and challenge gender stereotypes.</p>	<p>Hygiene and puberty Impact of puberty on the body and the importance of personal hygiene.</p>	<p>Becoming men and women To consider gender stereotyping.</p>	<p>Relationships and reproduction To consider reproduction in the context of relationships.</p>
<p>Differences: Male and female Identify differences between males and females and to name body parts.</p>	<p>Thinking, feeling, doing – changing relationships To learn strategies to deal with feelings.</p>	<p>Menstruation and wet dreams To understand that menstruation and wet dreams are a normal part of growing up.</p>	<p>Conception and pregnancy Process of conception and pregnancy. Describe the decisions that need to be made before having a baby.</p>
<p>Family Differences To recognise that families are different and to challenge stereotypes about families.</p>	<p>Assertiveness To understand and be able to use assertiveness skills</p>	<p>Building good relationships Similarities and differences between friendships and intimate relationships.</p>	<p>Being and parent Roles and responsibilities of carers and parents. Recognise that both men and women can take on these roles.</p>

Links to information on suggested diocesan approved SRE scheme

<http://www.mccrimmons.com/shop/books/a-journey-in-love--volume-1--book/>

<http://www.goodshepherd.lewisham.sch.uk/Journey-in-Love/index.asp>

<http://www.olorcps.net/a-journey-in-love-sex-and-relationship-education-resource>