

## **BTEC Level 3 National Extended Certificate in Sport**

**Faculty of Physical Education**

**Examination Board: Edexcel**

**External assessment (67%)**

**Coursework (33%)**

### **What is BTEC Level 3 National Extended Certificate in Sport?**

BTEC awards are a vocational qualification that you can take in the sixth form as alternatives to GCSEs and A Levels. In the Physical Education Faculty we offer the BTEC Level 3 National Extended Certificate in Sport, which is studied over 2 years and is the equivalent to 1 A-Level in terms of contact time and UCAS points.

### **Why take this subject?**

These courses are predominantly taught through classroom lessons and the occasional practical session. There is some practical work involved, this is mainly used to relate theory topics to practical application, and is used for topics such as how the body works, fitness methods of training and sports leadership. Therefore, you do not have to be a great practical performer but you do need to have an interest in sport.

### **What do I need to have studied at GCSE?**

You should have dedication and commitment to sport and need to have shown this through your KS4 PE lessons by participating fully throughout. Ideally you will have completed the GCSE PE course or the BTEC in Sport Level 2 attaining a 4 or pass. In those lessons you should have demonstrated excellent effort in classroom lessons and handed in homework and coursework on time. We would also expect you to have shown a commitment to sport by attending enrichment activities after school.

### **What will we study?**

BTEC Level 3 National Extended Certificate in Sport is made up of 4 units which make a total of 360 guided learning hours. All of which need to be completed in order to pass the course. Below are the 4 units that will be studied.

1. Anatomy and Physiology
2. Fitness Training and Programming for Health, Sport and Well-being
3. Professional Development in the Sports Industry
4. Sports Leadership

### **How will I be examined?**

#### **- Externally-assessed units**

Each assessment is taken under specified conditions, then marked by Pearson and a grade awarded. Learners must achieve all external units at pass grade or above. Learners are permitted to re-sit any external assessment only once during their programme.

The styles of external assessment used for this qualification are:

- Examination – all learners take the same assessment at the same time, normally with a written outcome.
- Set tasks – learners take the assessment during a defined window and demonstrate understanding through completion of a vocational task.

## Physical Education Faculty

### - Internally- assessed units

The criteria for marking the units are set by Edexcel and teachers will award students with a pass, merit or distinction for each unit. Each unit has set deadlines outlined to ensure the workload is evenly distributed.

Units are assessed through a variety of assignments, for example written, presentations, video interviews or practical tasks. These assignments, once marked by your teachers, will also be moderated by an external examiner to check that they are meeting the required standards.

### **What super curricular opportunities will be available to me?**

Students are encouraged to join the school enrichment programme, by participating but also through leading and coaching younger students.

### **What can this subject lead to?**

The BTEC Award prepares you for employment and provides a good grounding to go on and study further at university, either a sports related qualification or a non-sports related course. Sports related qualifications can lead into a range of careers including: sports therapy, sports rehabilitation, sports nutrition, sports journalism, sports science, sports development, sport and exercise psychology, personal training, leisure management, coaching or teaching.