

30 September 2019

Dear Parent/Carer

BTEC Technical Award in Sport, Activity and Fitness

All Year 11 students this year will be studying for the above course during their Life Lesson and their core PE lessons.

The students have to complete 3 units, two of which are internally assessed written assignments and one unit which is an external exam which will be taken in February 2020.

The units they will be studying are:

1. Understand the Body and the Supporting Technology for Sport and Activity- internal assignment
2. The Principles of Training, Nutrition and Psychology for Sport and Activity- external exam
3. Applying the Principles of Sport and Activity- internal synoptic assignment

This is an excellent opportunity for the students to achieve a nationally recognised qualification which is the equivalent of a GCSE grade before they start their exams in May.

All of the students have made a positive start to the course. They will be given a folder that they can keep all their coursework in and they will need to bring this folder to school every Friday.

Revision guides for this course are available from Amazon for £5.99 (Revise BTEC Tech Award Sport, Activity and Fitness Revision Guide).

Please contact me at school if you have any questions about the course.

Yours sincerely

A McKellican

Head of PE