

6 March 2019

Dear Parent/Carer

Girls Active Ambassador

Your daughter has been selected by the PE department to become a 'Girls Active Ambassador'. The Girls Active Programme aims to support and motivate girls to take part in physical activity. The programme has been developed by Youth Sport Trust which aims to support the education and development of young people through physical education.

The Girls Active Ambassadors will be required to run one lunch time club a week to invite girls across all year groups to take part in physical activity and empower girls to increase confidence and self-esteem. The club aims to encourage girls to develop a positive attitude towards physical education and understand it's long term benefits to health and well-being.

Furthermore, we encourage the girls to become role models within school, setting up leadership groups that focus on how they could make PE and physical activity more appealing to their peers. Lastly, the ambassadors will also lead and develop an end of year whole school activity.

From this experience, the ambassadors will develop necessary life skills such as team work, leadership and communication. This is a great opportunity for your daughter to take part in and a valuable experience which can also be added to their future CV.

Yours sincerely

Miss Newberry

PE Teacher

Please return to Miss Newberry by Monday 11 March 2019

Student Name: _____ Form: _____

I give permission for my daughter to participate in the Girls Active Programme

Parent/Carer Signature: _____