

14 May 2019

Dear Parent/Carer

During the end of this academic year we will be running the Risk-Avert programme in school. The programme aims to educate, inform and reduce risk-taking amongst young people and support young people who may be experiencing difficulties with their emotional health and well-being.

The programme has been developed by The Training Effect, a consultancy service provider to councils across the UK.

The project is focused on early intervention and prevention. We do not expect many young people to be engaging in these behaviours at this age; however, the project is about supporting young people to make positive choices as they get older.

The programme will work with Year 8 students from this academic year.

All students currently in Year 8 will be asked to complete a short survey on 17 May 2019. The survey will ask them about their experience of a range of issues including internet safety, friendships, emotional health and any risk taking experience they may have been exposed to socially, including alcohol or smoking.

A percentage of young people surveyed will be offered the chance to take part in a 6-session programme to educate them about risk-taking and offer support to help them make positive choices as they get older or a programme focused on emotional health and well-being.

At this stage we are inviting parents to inform us if **they are not happy for their children to take part in this survey and/or project.**

Further details for The Training Effect can be found at www.thetrainingeffect.co.uk and further details on Risk-Avert can be found here www.risk-avert.org

For any further information on the project please contact **Mr Goodge or Miss Garland on 01494 529866 or at Dgoodge@highcrestacademy.org.uk**

Yours sincerely

Mr D Goodge

Head of Learning, Year 8