



BTEC L3 Sport Performance & Excellence

**“For those with an interest in playing,
coaching and all areas of sport”**

Entry Criteria:

- 5 A* - C or equivalent including:
- At least a “3” Maths
- At least a “4” in English Language
- At least a “D” in Science

What topics will you be studying?

- Sports Coaching
- Sport Psychology
- Anatomy & Physiology
- Fitness & Nutrition

What do students studying this qualification go on to do?

- PE Teacher
- Sports Coach
- Personal Trainer
- Nutritionist
- Physiotherapist

