



Kelvin Grove Primary School

Kelvin Grove, Sydenham, London SE26 6BB

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Dear Parents/Carers,

As part of the PSHCE (Personal, Social, Health and Citizenship Education) Curriculum, the children will be taught Relationship and Sex Education at an age-appropriate level, this term.

In Year 5 the children will be taught:

- to reflect upon the changes that happen to boys and girls during puberty
- to understand the menstrual cycle
- to remind children that good hygiene during puberty is very important for their health and self esteem
- to understand how and why sperm are produced by males from puberty onwards
- to explore how hard it can be to express feelings
- to explore the children's own perceptions of the expectations that we have of boys and girls and to challenge stereotypes
- to observe the range of relationships as portrayed through the media
- to consider the use of sexuality and sexual meaning in popular music
- to think about "first time" events and the feelings it generated
- to examine the power of advertising and how advertisers exploit our desire to appeal to the opposite sex in order to sell products

The teaching materials are available to view on request and class teachers will be able to answer any questions regarding the lessons taught.


If you have any further queries, please do not hesitate to contact me.

Thank you

Ms J Ndisang

Jo Ndisang

Pastoral Care and Pupil Well-being Co-ordinator

 **Article 5:** We must respect the rights and responsibilities of parents/carers to provide guidance and direction to their child as they grow up, so that they fully enjoy their rights. This must be done in a way that recognises the child's increasing capacity to make their own choices.



Headteacher: Ian Hyde
Deputy Headteachers: Louise Bryan, Tara Magee and Kris Clark