



Kelvin Grove Primary School

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Dear Parents/Carers,

As part of the PSHCE (Personal, Social, Health and Citizenship Education) Curriculum, the children will be taught Relationship and Sex Education at an age-appropriate level, this term.

In Year 6 the children will be taught:

- to explore feelings associated with puberty, to reassure them that their concerns are normal and encourage them to share their problems
- to analyse the practicalities for a young girl starting her periods and the difficulties she may come across
- to know there are methods of preventing pregnancy and dispel common myths about how a woman can or cannot get pregnant
- to consider various statements about the changes that happen to girls and boys during puberty
- to think about their relationships with other children
- to enable children to reflect on their relationships with people they care about
- to discuss close relationships and consider factors that make these relationships work
- to explore marriage and its importance for family life
- to provide children with factual information about the different forms of contraception available to men and women
- to know they have a right to be free of situations that make them feel uncomfortable, this includes the risks associated with on-line communication and media

The teaching materials are available to view on request and class teachers will be able to answer any questions regarding the lessons taught.

If you have any further queries, please do not hesitate to contact me.

Thank you.

Ms J Ndisang

Jo Ndisang

Pastoral Care and Pupil Well-being Co-ordinator



Article 5: We must respect the rights and responsibilities of parents/carers to provide guidance and direction to their child as they grow up, so that they fully enjoy their rights. This must be done in a way that recognises the child's increasing capacity to make their own choices.



Headteacher: Ian Hyde

Deputy Headteachers: Louise Bryan, Tara Magee and Kris Clark