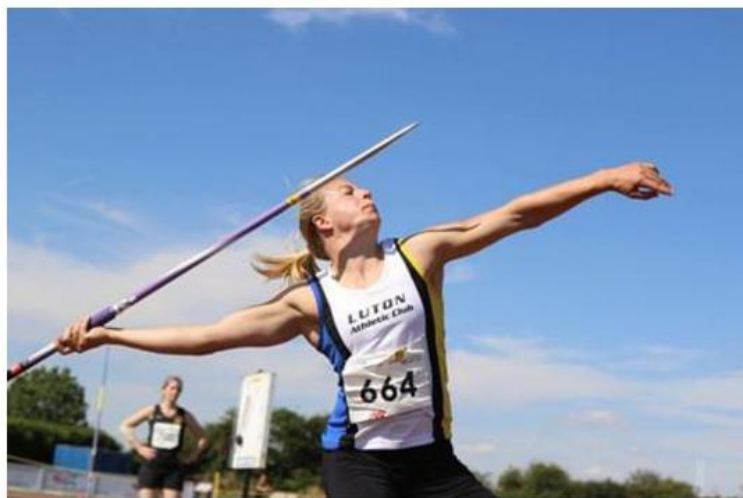


ALUMNI

It does not seem like four years ago we were preparing for the London Olympics and now Rio and the summer holidays are virtually upon us.

So we thought we would finish this year's alumni news by sharing the sporting career of one of our former students, Jo Blair. Jo left here with excellent A levels in PE, RS and History and now has a thriving career as a sports therapist and javelin thrower.

Jo claimed a superb win to win the British Championships, Olympics and European trials. Jo produced a lifetime best throw of 57.44 metres, the seventh best ever by a British female to win the championships at the beginning of July. Jo said 'It was a really exciting day and I am thrilled to have won'. Jo also added that she 'entered the competition in two minds' as she had a few minor injury niggle. In order to qualify for the Rio Games Jo will have to throw over 62 metres in two competitions before the team departs.



Jo not only achieved highly academically at school and she enjoyed her time at Sheffield Hallam, but she still (unsurprisingly) holds the school's javelin records at both Junior and Intermediate level. Her athletics club, Luton, consider Jo a very valuable member as she is a great team player and represents them at most meets in a wide range of disciplines, from relays to long jump to discus, which also makes her a very good heptathlete.

Thanks to all those former students who have shared their stories with us, thank you as well to those of you who emailed in with alumni stories, this section will continue next term so please continue to email any information you have about what former students have been up to. We would particularly like to hear from those of you who have started up their own businesses.

Enjoy the summer and email on alumninews@ksnadmin.ksn.org.uk