

Child Development at a Glance	
Head of Department	Miss J Baines
Lessons per fortnight	5
Homework per fortnight	120 mins

## Year 9 Child Development

### 1. Course & Subject Information

This course enables students to learn about how a child develops, from conception through to the age of 5 years. Students start by exploring the concept of 'the family' and the differences between families, as well as a consideration of the changes which have occurred within the family over time. Within the parenthood topic, students also consider how couples can plan and prepare for the arrival of a baby and are asked to assess the physical environment within the home, garden and local amenities to ensure that the child is safe. Following this, students examine the topic of pregnancy, from conception through to the birth of the child. Themes covered include the stages of pregnancy and birth as well as a consideration of the care received by the mother before, during and after the birth. Finally, students look at the issues of diet and the health of the child. Students learn about the importance of a healthy diet, beginning with the breast versus bottle-feeding methods. They go on to explore the weaning process and discover what foods are suitable for a growing child at each stage of their development. The unit is then completed with an overview of the different diseases and illnesses that can affect a child and students learn how to treat a child who is sick appropriately.

### 2. Course/Subject Structure

Term 1	<b>Topic 1: The Family and Child</b> <ul style="list-style-type: none"> <li>• Introduction to the family</li> <li>• Family types</li> <li>• Family roles</li> <li>• Cultural differences</li> <li>• Preparing for a family</li> <li>• Providing a safe environment – Accidents and first aid</li> </ul>
Term 2	<b>Topic 3: Pregnancy</b> <ul style="list-style-type: none"> <li>• Reproduction</li> <li>• Pre-conceptual care</li> <li>• Pregnancy – Symptoms, problems, Ante-Natal care</li> <li>• Preparation for birth</li> <li>• Labour and birth</li> <li>• Care of the new born baby and Post-Natal care</li> </ul>
Term 3	<b>Topic 5 &amp; 6: Development of the Child</b> <ul style="list-style-type: none"> <li>• Intellectual development (cognitive/ language)</li> <li>• Social development</li> <li>• Emotional development</li> <li>• Play</li> </ul>

### 3. Recommended texts or websites to support home learning

GCSE Child Development: Revision Guide (2011), Lonsdale.

Child Development, A Comprehensive Text for GCSE (2006) Brennand, Hall et al. Hodder Arnold.

### 4. Specialist Equipment/Materials Required if applicable

Students should come to every lesson with the basic equipment of a pen, pencil and ruler together with their personal workbook and revision guide.