

Health & Social Care at a Glance	
Head of Department	Mr K Barrett
Lessons per fortnight	5
Homework per fortnight	30-60mins

Year 9 Health & Social Care

1. Course & Subject Information

This course will provide students with the opportunity to focus on units from 'Social influences on Health and Wellbeing' to the 'Impact of Nutrition on Health and Wellbeing'. Students will be given a range of optional specialised units which provides the opportunity for students to focus on a vocational area. The course supports progression into a more specialised level 3 course or an apprenticeship.

Students will carry out a number of course work units that will focus on a range of areas related to health and social care and undertake an externally assessed written exam.

Certificate = Equivalent of 2 GCSE

2 Core Units

Human Lifespan development (**EXTERNAL EXAM**)

Health and Social Care Values

2 Mandatory Units

Effective communication in Health and Social Care

Healthy Living (**EXTERNAL EXAM**)

4 Optional Specialist Units

Effective Communication in Health and Social Care

Social Influences on Health and Wellbeing

Promoting Health and Wellbeing

The Impact of Nutrition on Health and Wellbeing

Services in Health and Social Care

2. Course/Subject Structure

Term 1	Introduction/ Insight about course You will get the chance to study all 8 modules for 2 weeks to gain an insight into the course ahead. Work completed in this time can go towards your qualification.
Term 2	Unit 5: Promoting Health and Wellbeing You will look at some of the reasons health promotion activities are carried out and the benefits of this work to both individuals and the general health of the nation. You will explore the different forms of health promotions activities that's are used by the nation. You will then explore and research and area of health risk and produce your own health promotion resource pack.
Term 3	Unit 4: Social Influences on Health and Wellbeing You will find out about how we learn acceptable behavior from our parents or carers and the rest of our families and how we learn social rules from those in the wider community. You will also learn how these different forms of socialisation affect our health and wellbeing.

3. Recommended texts or websites to support home learning

Books

Edexcel - BTEC First Health and Social Care

Websites

Change for Life, FAST, Race For Life, Movember