

Health & Social Care at a Glance	
Head of Department	Mr K Barrett
Lessons per fortnight	5
Homework per fortnight	30-60mins

Year 11 Health & Social Care

1. Course & Subject Information

This course will provide students with the opportunity to focus on units from 'Social influences on Health and Wellbeing' to the 'Impact of Nutrition on Health and Wellbeing'. Students will be given a range of optional specialised units which provides the opportunity for students to focus on a vocational area. The course supports progression into a more specialised level 3 course or an apprenticeship.

Students will carry out a number of course work units that will focus on a range of areas related to health and social care and undertake an externally assessed written exam.

Certificate = Equivalent of 2 GCSE

2 Core Units

Human Lifespan development (**EXTERNAL EXAM**)

Health and Social Care Values

2 Mandatory Units

Effective communication in Health and Social Care

Healthy Living (**EXTERNAL EXAM**)

4 Optional Specialist Units

Effective Communication in Health and Social Care

Social Influences on Health and Wellbeing

Promoting Health and Wellbeing

The Impact of Nutrition on Health and Wellbeing

Services in Health and Social Care

2. Course/Subject Structure

Term 1	<p>Unit 9: Healthy Living Examination will be sat in January</p> <p>You will learn how health and wellbeing are influenced by a range of biological and lifestyle factors. You will develop skills in analyzing information and exploring strategies to improve health and wellbeing. It will examine barriers and limitations that can influence the success of health improvement measures and how to help individuals overcome such barriers.</p>
Term 2	<p>Unit 3: Effective Communication in Health and Social Care</p> <p>This unit looks at verbal and non-verbal communication methods, and you will learn how they are used effectively in health and social care. You will also learn to recognize a range of factors which may create barriers to communication, preventing people accessing health and social care effectively.</p>
Term 3	<p>Unit 11: Services in Health and Social Care</p> <p>This unit will give you an insight into how health and social care services and staff communicate, and work together. You will look at the implications of good team working and what happens if professionals do not work together effectively.</p>

3. Recommended texts or websites to support home learning

Books

- Edexcel - BTEC First Health and Social Care

Websites

- <https://www.makaton.org/>
- www.bbc.co.uk/cbeebies/grownups/makaton
- www.british-sign.co.uk
- www.britishsignlanguage.com
- www.afb.org
- [ttps://www.royalblind.org](https://www.royalblind.org)
- www.nhs.uk
- www.hse.gov.uk