



Dear Parent/Guardian,

The NCS (National Citizen Service) are due to attend your child's school soon to discuss the Summer 2019 Programme with Year 11 students. NCS is a nationally recognized programme for those aged 16-17 which takes place during the school holidays. It's a great way for young people to learn the skills for work and life they need to succeed in the future, whilst having an amazing time.

When we visit to give a presentation about NCS, all students will have the chance to show their interest by completing a form. We'll offer them the chance to take a sign up pack home, which they can bring back to school by the deadline date. Those that bring back their completed sign up pack & payment by the deadline date will receive a free NCS T-Shirt!

### What happens on NCS?

- **ADVENTURE: Phase 1** - Feel the freedom of the outside world during five days away from home, taking on adrenaline-fuelled activities like rock climbing, canoeing and archery. Your team will cheer you along every step of the way, sharing in every challenge, every success. Then you'll have a few days back at home for a much-needed rest!
- **DISCOVERY: Phase 2** - Expect transformation, because this week is all about developing YOU. Living independently, you'll learn essential life skills from local business leaders and charities, gain confidence in public speaking, communications skills and budgeting. It all looks great on your CV, whatever you do next.
- **SOCIAL ACTION: Phase 3** - Now it's time to make your mark. Back at home, you and your team will devise a social action project based on an issue you feel passionate about. You have the skills and confidence to do anything – the more original, the better! This is your chance to feel proud by making a real difference in your community.
- **CELEBRATION: Phase 4** - Finally, take stock of all you've done. You'll have overcome challenges, pushed yourself into new and exciting territories, and had experiences you never thought possible. Celebrate your achievements with your fellow NCSers at one great event before exploring all the opportunities NCS opens up to you. This is just the beginning!

NCS costs £50, with all meals and activities covered. We may be able to offer bursaries to those who need financial support.

Want to find out more in the meantime? Contact us at [asknocs@ingeus.co.uk](mailto:asknocs@ingeus.co.uk).

Ingeus is the lead organisation delivering NCS in East Anglia..

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NCS Trust is a not-for profit social enterprise established to shape, support, champion and lead a thriving National Citizen Service (NCS). NCS Trust, 131-151 Great Titchfield Street, London, W1W 5BB



NCS



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