

Week		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 3/9/18 24/9/18 15/10/18 12/11/18 31/12/18 7/1/19 28/1/19	Main	Beef Bolognaise with Spaghetti	Chicken Enchiladas	Roast of The Day	Chicken Tikka Masala	Catch of the Day
	Vegetarian	Vegetable Pasta Bake	Cauliflower Cheese	Mixed Bean Cassoulet with Cous Cous	Shepherdess Pie	Cheese & Tomato Pizza
	Dessert	Chocolate Oaty Square	Bread & Butter Pudding	Oaty Peach Crumble	Eve Pudding	Carrot & Sultana Cake
Week 2 10/9/18 11/10/18 29/10/18 19/11/18 10/12/18 14/1/19 4/2/19	Main	Pork Sausage & Mash	Chilli Con Carne with Rice	Roast of The Day	Mince Beef & Onion Pie	Catch of the Day
	Vegetarian	Cheese & Tomato Quiche	Vegetable Wrap	Vegetable Goulash	Vegetarian Bolognese	Spicy Bean Burger
	Dessert	Crunchy Plum & Vanilla Crumble	Lemon Drizzle Cake	Apple Pie	Fruity Flapjack	Rice Pudding with Mixed Berry Sauce
Week 3 17/9/18 8/10/18 5/11/18 26/11/18 17/12/18 21/1/19 11/2/19	Main	Cottage Pie	Chicken & Vegetable Hotpot	Roast of The Day	Turkey Jolloff	Catch of the Day
	Vegetarian	Chickpea & Sweet Potatoes Curry	Macaroni Cheese	Vegetable Toad In The Hole	Sweet & Sour Quorn with Noodle	Spanish Omelette
	Dessert	Syrup Sponge	Sticky Toffee Apple Crumble	Banana Loaf	Short Bread	Chocolate Sponge