

**Children's Specialist Support Team**

# Behaviour Support For Parents

Specifically for parents and carers of young people with a disability living within Bracknell Forest

This is a 6 hour basic behaviour management course for parents and carers of children and young people with disabilities. It will be covered over two 3 hour sessions and would ideally suit parents who have not undertaken any behaviour management training or who would like a refresher.

**The course will cover information on:**

- What is behaviour and how we can modify behaviour
- Calming Strategies and Emotional wellbeing
- Using scripts and other resources to aid with behaviour changes.

## **Future dates:**

1 <sup>st</sup> and 2 <sup>nd</sup> April 2019	10am-1pm	Bracknell Open Learning Centre
11 <sup>th</sup> and 12 <sup>th</sup> November 2019	10am -1pm	Bracknell Open Learning Centre

*We are unable to provide childcare. Parents must be able to attend both sessions. Light snacks and drinks will be provided. Places will be allocated on a first come, first served basis.*

For further information and to book please contact:

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