

5 April 2019

Dear Parents / Carers

We have a confirmed case of chickenpox in Murphy class (Orchard Cluster).

**It is easy to catch chickenpox and you** can catch it by being in the same room as someone with it; it is also spread by touching clothes or bedding that has fluid from the blisters on it.

**Chickenpox is infectious** from two days before the spots appear to until they have crusted over, usually five days after they first appear and it takes one to three weeks from the time you were exposed to chickenpox for the spots to start appearing.

You may wish to seek medical advice by calling NHS 111 or your GP if:

- You are an adult and have chickenpox
- You are pregnant and have not had chickenpox before but have been near someone with it
- you have a weakened immune system and have been near someone with chickenpox
- you think your newborn baby has chickenpox

Further information can be found from the NHS website:

<https://www.nhs.uk/conditions/chickenpox/>

Yours sincerely



Sharon Glover  
PA to Headteacher