

5 April 2019

Dear Parent/Carer,

The NSPCC's *Speak out. Stay safe.* programme is visiting our school to make sure our pupils have the knowledge and understanding they need to stay safe from abuse.

I'm pleased to tell you that we will be working with the NSPCC, the UK's leading children's charity, to deliver their ***Speak out. Stay safe.*** programme next term. This is a nationwide programme available for primary-school-aged child in the UK and Channel Islands.

**"NSPCC has helped me to build the confidence to tell people about my worries and problems."
Child's feedback**

What is the *Speak out. Stay safe.* programme?

Speak out. Stay safe. materials for Special Educational Needs and Disabilities (SEND) schools will help your child understand what abuse is and provide them with strategies to keep themselves safe.

Developed jointly by the NSPCC and Image in Action, the six-session programme has been designed to be delivered in partnership with NSPCC staff. We have studied the content of the materials and are confident that they are appropriate for our children.

If you would like any more information about the NSPCC ***Speak out. Stay safe.*** programme, including frequently asked questions, you can find it on the NSPCC website nspcc.org.uk/schools or please come into speak to me and I can provide more information.

Talking about the Underwear Rule with your children

The NSPCC's work in schools will help encourage conversations about staying safe – and they have a number of child-friendly materials to help you carry on the conversation afterwards. That includes 'The Underwear Rule', a simple way for parents to help keep children safe from sexual abuse – without using scary words or even mentioning sex.

The guide uses the rules of PANTS to teach children that their body belongs to them and them alone. You can find out more and download the free resources at nspcc.org.uk/pants.

If you'd like to know more about the NSPCC's work, or take a look at the wide range of information and advice which is available for parents and carers, please visit their website nspcc.org.uk/preventing-abuse/keeping-children-safe/.

Yours sincerely,



Rhiannon Jones

Head of Independence