

July 2019		
Tues 23/07/19	Summer holidays begin.	
Thurs 25/07/19	Swimming – Polehampton 12.00 – 13.00	<p>Join Berkshire Vision at Twyford’s enclosed outdoor heated pool. Berkshire Vision have sole use of the swimming pool for these sessions, and a volunteer coach is always present. Swimming takes place 12.00 – 13.00, and there is time to socialise with refreshments after. Swimming is £5 per session, this includes 1 member and 1 parent/ carer.</p> <p>Transport is available, transport return from Reading train station is £2, or a return trip from home is £7.50 for 1 member and 1 parent/carer.</p> <p>Please let Charlotte know if you are interested in swimming, you can email children@berkshirevision.org.uk or call 0118 9873803 or text 07508 977306.</p>
Mon 29/07/19	Guide Dogs – Thomley	<p>This July, Guide dogs have invited Berkshire Vision members to join them at Thomley hall! We will have exclusive use of Thomley, and will have the opportunity to take part in various tactile activities through the day, including arts & crafts, soft play, sensory rooms, music room, face painting and outdoor activities. Refreshments will be provided, but bring a picnic along with you for lunch.</p> <p>This event is free for 1 member and 1 parent/ carer, additional guests are £5 each. If you require transport to this event, it will be organised through Berkshire Vision and will be £7.50 per member and 1 parent/ carer. Transport for additional guests is £7.50.</p> <p>Booking is essential, please book on to your day at Thomley hall by contacting Sally or Cat from Guide Dogs on 0118 983 8318 or 0118 9838499 or for a booking form or further</p>



information, email familyevents@guidedogs.org.uk

For transport, contact Charlotte via email children@berkshirevision.org.uk or call 0118 9873803 or text 07508 977306.

August 2019

Fri 02/08/19

Athletics – Palmer Park
16.00 – 17.00

Every other Friday at Palmer Park, Reading, Berkshire Vision members can come and have a go at running, throwing, and high-jump. Guide runners and coaches are all available.

These sessions are free to members, and Transport is available for £2 for a return trip from Reading train station, and £7.50 for 1 member and 1 parent/ carer for a return trip home. Transport for additional guests is also £2 from Reading station and £7.50 for return transport from home.

Attendees must be booked on by the Friday before the event. **If you are interested in attending athletics, please contact Charlotte via email children@berkshirevision.org.uk or call 0118 9873803 or text 07508 977306.**

Mon 05/08/19

Tandem Cycling – Dorney lake
14.00 – 16.00

Come and join us for a cycle around Dorney Lake on our Tandem bikes. Each attendee will be given a volunteer Pilot, and have the option to do one 5K loop, or to continue around the lake numerous times, depending on how tired you get! Once you've tired yourself out you can visit the café for a rest and some refreshments.

Tandem biking takes place 14.00 – 16.00, tandem biking has a contribution of £4 per member. **Transport is not available for this activity. There is a height restriction on this activity, Children and Young people under 1.3m cannot attend this event.**



		<p>If you would like to attend Tandem biking, please contact Charlotte via email children@berkshirevision.org.uk or call 0118 9873803 or text 07508 977306.</p>
Thurs 08/08/19	Swimming – Polehampton 12.00 – 13.00	<p>Join Berkshire Vision at Twyford’s enclosed outdoor heated pool. Berkshire Vision have sole use of the swimming pool for these sessions, and a volunteer coach is always present. Swimming takes place 12.00 – 13.00, and there is time to socialise with refreshments after. Swimming is £5 per session, this includes 1 member and 1 parent/ carer.</p> <p>Transport is available, return transport from Reading train station is £2, or a return trip from home is £7.50 for 1 member and 1 parent/carer.</p> <p>Please let Charlotte know if you are interested in swimming, you can email children@berkshirevision.org.uk or call 0118 9873803 or text 07508 977306.</p>
Mon 12/08/19	Jelly art – Midleton House 10.00 – 12.00	<p>This summer Berkshire Vision are teaming up with Jelly as we explore different artists each session through tactile and sensory exploration.</p> <p>From figurative sculptures capturing movement and gesture, to creating textured collages inspired by Angie Lewin to creating shadow boxes using found objects.</p> <p>This event is £3 per member per session. Drinks and biscuits will be provided; however, attendees may want to bring a lunch box.</p> <p>Transport is available at a donation of £7.50 per member for a return trip from home. This includes one parent/ carer per session attended.</p> <p>Please let Charlotte know if you are interested in Jelly, you can email children@berkshirevision.org.uk or call 0118 9873803 or text 07508 977306.</p>



<p>Fri 16/08/19</p>	<p>Athletics – Palmer Park 16.00 – 17.00</p>	<p>Every other Friday at Palmer Park, Reading, Berkshire Vision members can come and have a go at running, throwing, and high-jump. Guide runners and coaches are all available.</p> <p>These sessions are free to members, and Transport is available for £2 for a return from Reading train station, and £7.50 for 1 member and 1 parent/ carer for a return trip home. Transport for additional guests is also £2 from Reading station and £7.50 for return transport from home.</p> <p>Attendees must be booked on by the Friday before the event. If you are interested in attending athletics, please contact Charlotte via email children@berkshirevision.org.uk or call 0118 9873803 or text 07508 977306.</p>
<p>Sat 17/08/19</p>	<p>Superhero Triathlon – Dorney Lake 7.00 – 18.00</p>	<p>Come and join Berkshire Vision as we go to Dorney Lake for Superhero Series' Superhero Triathlon. You can take part in swimming, cycling and running, the three most popular disability sports, and when competing in the Superhero's Tri, you don't have to worry about time constraints or equipment, everyone has their turn! You can do the whole thing if you wish, or choose to do just one or two stages as a relay with family and friends.</p> <p>All of the information you need for this event is on the Superhero Series website http://superheroseries.co.uk/2019-superhero-tri .</p> <p>Once you have booked onto the Superhero Triathlon via the website, please call or email Charlotte on 0118 987 2803 or children@berkshirevision.org.uk and let her know that you have booked on, and if you require transport to this event. There is a £7.50 contribution for transportation per member and 1 parent/ carer.</p>
<p>Mon 19/08/19</p>	<p>Jelly art – Midleton House</p>	<p>This summer Berkshire Vision are teaming up with Jelly as we explore different artists</p>

	10.00 – 12.00	<p>each session through tactile and sensory exploration.</p> <p>From figurative sculptures capturing movement and gesture, to creating textured collages inspired by Angie Lewin to creating shadow boxes using found objects.</p> <p>This event is £3 per member per session. Drinks and biscuits will be provided; however, attendees may want to bring a lunch box.</p> <p>Transport is available at a donation of £7.50 per member for a return trip from home. This includes one parent/ carer per session attended.</p> <p>Please let Charlotte know if you are interested in Jelly, you can email children@berkshirevision.org.uk or call 0118 9873803 or text 07508 977306.</p>
Thurs 22/08/19	Swimming – Polehampton 12.00 – 13.00	<p>Join Berkshire Vision at Twyford’s enclosed outdoor heated pool. Berkshire Vision have sole use of the swimming pool for these sessions, and a volunteer coach is always present. Swimming takes place 12.00 – 13.00, and there is time to socialise with refreshments after. Swimming is £5 per session, this includes 1 member and 1 parent/ carer.</p> <p>Transport is available, transport for a return from Reading train station is £2, or a return trip from home is £7.50 for 1 member and 1 parent/carer.</p> <p>Please let Charlotte know if you are interested in swimming, you can email children@berkshirevision.org.uk or call 0118 9873803 or text 07508 977306.</p>
Wed 28/08/19	London Zoo	<p>This summer ZSL are trialling their first audio tour of London zoo, and they have asked Berkshire Vision to be a part of it. On Wednesday 28th August come and join us as we watch the Humboldt penguins perform their underwater acrobatics on penguin beach,</p>



		<p>watch the mighty Asiatic lions prowl in the Land of the Lions, and step into Africa where you can watch giraffes feeding, pygmy hippos swimming, and zebras grazing.</p> <p>This will be an all immersive experience for everyone involved. Transport is provided for this event, unless requested otherwise. Please bring a packed lunch or prepare to buy lunch from onsite facilities.</p> <p>Siblings and additional parents are welcome on this trip. Contributions; One member & one carer - £14.00. Siblings - £17.28. Additional Parents/ carers - £26.59</p> <p>Please let Charlotte know if you are interested in our London Zoo trip, you can email children@berkshirevision.org.uk or call 0118 9873803 or text 07508 977306</p>
Fri 30/08/19	Jelly art – Midleton House 10.00 – 12.00	<p>This summer Berkshire Vision are teaming up with Jelly as we explore different artists each session through tactile and sensory exploration.</p> <p>From figurative sculptures capturing movement and gesture, to creating textured collages inspired by Angie Lewin to creating shadow boxes using found objects.</p> <p>This event is £3 per member per session. Drinks and biscuits will be provided; however, attendees may want to bring a lunch box.</p> <p>Transport is available at a donation of £7.50 per member for a return trip from home. This includes one parent/ carer per session attended.</p> <p>Please let Charlotte know if you are interested in Jelly, you can email children@berkshirevision.org.uk or call 0118 9873803 or text 07508 977306.</p>



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September 2019

Mon 02/09/19	Tandem Cycling – Dorney lake 14.00 – 16.00	<p>Come and join us for a cycle around Dorney Lake on our Tandem bikes. Each attendee will be given a volunteer Pilot, and have the option to do one 5K loop, or to continue around the lake numerous times, depending on how tired you get! Once you've tired yourself out you can visit the café for a rest and some refreshments.</p> <p>Tandem biking takes place 14.00 – 16.00, tandem biking has a contribution of £4 per member. Transport is not available for this activity. There is a height restriction on this activity, Children and Young people under 1.3m cannot attend this event.</p> <p>If you would like to attend Tandem biking, please contact Charlotte via email children@berkshirevision.org.uk or call 0118 9873803 or text 07508 977306.</p>
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