

Week		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 5.9.19 23.9.19 14.10.19 11.11.19 2.12.19 6.1.20 27.1.20 24.2.20	Main	Sausage & Mash	Beef Bolognese	Roast of The Day	Chicken Jelfrezi	Catch Of The Day
	Vegetarian	Creamy Vegetable Pie	Mixed Bean Cassoulet with Cous Cous	Vegetable Risotto	Vegetable Moussaka	Spicy Bean Burgers
	Dessert	Chocolate & Beetroot Brownie	Apple Strudel	Yoghurt & Raisin Cake	Crunchy Plum Crumble	Jam Tart
Week 2 9.9.19 30.9.19 21.10.19 18.11.19 9.12.19 13.1.20 3.2.20	Main	Spaghetti Carbonara	Cottage Pie	Roast of The Day	Jerk Chicken	Catch of The Day
	Vegetarian	Quorn & Vegetable Curry With Rice	Butter Bean and Cauliflower Cheese	Sweet & Sour Quorn with Noodle	Vegetable Goulash	Cheese & Tomato Pizza
	Dessert	Carrot & Courgette Pudding	Fruity Flapjack	Syrup Sponge	Oaty Apple Crumble	Short Bread
Week 3 16.9.19 7.10.19 4.11.19 25.11.19 16.12.19 20.1.20 10.2.20	Main	Chilli Con Carne	Chicken Neapolitan Pasta with Spinach	Roast of The Day	Beef Curry	Catch of The Day
	Vegetarian	Chickpea & Vegetable Pasta Bake	Vegetable toad In the Hole	Vegetable Bolognese	Vegetable Wrap	Cheese & Tomato Quiche
	Dessert	Lemon Drizzle	Bread & Butter Pudding	Pineapple Upside Down	Pear & Berry Crumble	Rice Pudding with Jam