

**Children's Specialist Support Team**

# Behaviour Support For Parents

Specifically for parents and carers of young people with a disability living within Bracknell Forest

This is a 6 hour basic behaviour management course for parents and carers of children and young people with disabilities. It will be covered over two 3 hour sessions and would ideally suit parents who have not undertaken any behaviour management training or who would like a refresher.

**The course will cover information on:**

- What is behaviour and how we can modify behaviour
- Calming Strategies and Emotional wellbeing
- Using scripts and other resources to aid with behaviour changes.

## **Future dates:**

10<sup>th</sup> and 11<sup>th</sup> October      10am -1pm      Bracknell Open Learning Centre

*We are unable to provide childcare. Parents must be able to attend both sessions. Light snacks and drinks will be provided. Places will be allocated on a first come, first served basis.*

For further information and to book please contact:

**Email: [Joanna.Gibbons@bracknell-forest.gov.uk](mailto:Joanna.Gibbons@bracknell-forest.gov.uk)**

**Telephone: 01344 354042**