



optalis
choices for living

www.rbwm.gov.uk



Daily living made easy

Free public event

An opportunity to see simple tools and devices designed to make everyday tasks easier, to support daily living to help people stay as well and independent as possible.

Refreshments available.

Free gift for the first 100 residents.

Everyone is welcome

2 October 2019

10.30am to 2pm

**Desborough Theatre, Town Hall,
St Ives Road, Maidenhead SL6 1RF**



Older persons' Advisory Forum for the
Royal Borough of Windsor & Maidenhead

Also occurring at the same venue at 10.30am,
an opportunity to hear about OPAF and its work
representing the voice of older people in the
borough.

For local advice and information on assistive technology

Forestcare

Tel: 01344 786599

Housing Solutions

Tel: 0800 876 6060

NRS

Tel: 0844 893 6960

Adult Social Care

customer.service@rbwm.gov.uk

Tel: 01628 683800

Keep Safe Stay Well

This is a service designed to provide early help so that people stay as well and independent as possible, and has a particular focus on falls prevention. The service actively helps people to get what they need to keep safe and stay well.

Tel: 01628 683744 - Monday to Friday

9am – 1pm (Local rate charged)

Email: fallsprevention@rbwm.gov.uk

Public Health

Public Health covers a wide range of services that help to improve quality of life for residents, from:

- Providing help for people to make healthy lifestyle decisions.
- Campaigns including 'One You'.
- Falls prevention

Email: public.health@rbwm.gov.uk

Tel: 01628 683520

Public Health Team

Royal Borough of Windsor & Maidenhead, Town Hall, St Ives Road, Maidenhead SL6 1RF.

People to Places / Shopmobility

People to Places provide accessible community transport and shopmobility services within the Royal Borough of Windsor & Maidenhead.

Community Transport Booking Line

Tel: 01628 587920

Available Monday to Friday, between 9.30am – 12.30pm

Shopmobility

Maidenhead Tel: 01628 543038

Opening times Monday to Saturday, 10am – 5pm

Windsor Tel: 01753 622330

Opening times Monday to Saturday 10am – 5pm

Email: info@people2places.org.uk

For more information go to:
<http://www.people2places.org.uk/>

Signal 4 Carers

Supporting carers in the Royal Borough

Web: <http://www.signal4carers.org.uk/>

Email: waminfo@signal4carers.org.uk

Tel: 01628 947974

Signal - WAM, The Space, 20-21 Market Street, Bracknell, RG12 1JG

Older Persons Advisory Forum - AGM

Representing the voice of older people in the borough

2 October 2019 10.30am to 12.30pm

Desborough Suite, Town Hall,

St Ives Road, Maidenhead, SL6 2QB



Older Persons' Advisory Forum for the Royal Borough of Windsor and Maidenhead