

Spring Vegetable Risotto



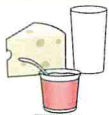
Ingredients

Description	Ptn	10ptn	50ptn	100ptn	200ptn
Onions	30 g	300 g	1.5 kg	3 kg	6 kg
Carrots	15 g	150 g	750 g	1.5 kg	3 kg
Arborio (Short Grain) Rice	50 g	500 g	2.5 kg	5 kg	10 kg
Bouillon Veg	3 g	33 g	167 g	333 g	667 g
Diced Peppers	15 g	150 g	750 g	1.5 kg	3 kg
Tomato Paste	2 g	20 g	100 g	200 g	400 g
Peas	17 g	167 g	833 g	1.67 kg	3.33 kg
Reduced Fat Cheese (Cheddar Type)	7 g	67 g	333 g	667 g	1.33 kg

Method

Dice and cook the onions in a saucepan.
 Add carrots, peppers, and tomato puree.
 Add the rice and mix thoroughly.
 Add stock and stir continuously until the rice is cooked
 Add the cheese and stir.
 Serve hot sprinkled with chopped mixed herbs

Assembled Tags



Contains Milk



Contains Sulphur Dioxide & Sulphites > 10mg/Kg