

## Shortbread



## Ingredients

Description	Ptn	10ptn	50ptn	100ptn	200ptn
Plain Flour	28 g	281 g	1.41 kg	2.81 kg	5.63 kg
Margarine	19 g	188 g	938 g	1.88 kg	3.75 kg
Caster Sugar	9 g	94 g	469 g	938 g	1.88 kg

## Method

Mix the butter and sugar together

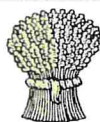
Add the flour.

Push into tins or cut out into rounds for shortbread biscuits

Bake at 180c until slightly coloured

Remove from oven and remove from baking trays immediately.

## Assembled Tags

SO<sub>2</sub>

Contains Sulphur  
Dioxide &  
Sulphites >  
10mg/Kg

Contains Wheat

## Nutrition

Standard Size: Ptn		
Nutrient	Per Portion	Per 100g
Energy (kcal)	267.47kcal	475.5kcal
Fat	15.23g	27.08g
Satd FA /100g fd	6.54g	11.63g
Carbohydrate	31.88g	56.68g
Protein	2.68g	4.76g
Non Milk Extrinsic Sugar	9.84g	17.49g
NSP	0.87g	1.55g
Vitamin A	124.69µg	221.67µg
Zinc	0.18mg	0.32mg
Iron	0.64mg	1.14mg
Folate	6.19µg	11µg
Calcium	41.06mg	73mg
Sodium	177.56mg	315.66mg
Salt	0.44g	0.78g
Total sugars	10.45g	18.58g