

Sexting: Consulting Young People to Inform Practice

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Reasons for project

- Concerns about the level of sexting from partners
- Review and improve ways of addressing sexting
- A more consistent approach
- Consult young people to inform practice and find best way forward

Methodology – 99 Year 9 students in 4 Oxfordshire schools, 10 groups

Group No.:	Date:	Gender:	No. of young people at start:	Total No. of young people at school:
1	08/12/15	Boys	12	24
2	08/12/15	Girls	12	
3	20/01/16	Boys	6	11
4	20/01/16	Girls	5	
5	27/01/16	Girls	11	34
6	27/01/16	Boys	11	
7	27/01/16	Boys	12	
8	28/01/16	Girls	10	30
9	28/01/16	Boys	10 (2 left early, so missed some of session)	
10	28/01/16	Girls	10	

Key findings

1. Multiple terms for sexting

Nudes

*No-one would ever
say sexting, only
teachers.
It's too formal.*

Dick Pics

Booty Pics

2. Snapchat and Instagram

Images are mostly sent on Snapchat, then it's only for one second

You can set time so they can only see it for 1,2 or 3 seconds and can't get it back

But with Snapchat you can screenshot without it telling you and then replay it

He showed it to others by posing the picture on Instagram

3. Rumour vs reality

People assume you've done it and accuse you even if you tell them you haven't

Sometimes it's made up though – people say people have sent pictures when they haven't – If people think someone is that kind of person they think they probably would have sent them

Ten years ago that would have been like “OMG OMG!” but now it's normal because it happens so much and you just get on with it

You hear rumours – lots of talking about it... “Bet I can get a nude off her”

4. Gender differences

Girls send photos the most and boys ask for more

Boys think there's nothing wrong with it, girls think it's bad

Girls will get called "slut" but boys don't get judged

Girls don't really screenshot like boys

5. Age range for sexting

It's all that change between primary school and secondary school when you want to prove yourself, make yourself known

Maybe if I send Nudes I'll feel more like an adult

It gets less common in Year 9, all these stories of screenshots go round and people get more cautious

What counts as an indecent image?

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Would wearing a bikini be classed as indecent?

What if you just take a picture of yourself but you just happen to be wearing a bikini? Is it ok if you are going swimming with friends and you have a picture of everyone in bikinis and it just says "going swimming"?

Police Image Categories

	Possession	Distribution*	Production**
Category A	Possession of images involving penetrative sexual activity Possession of images involving sexual activity with an animal or sadism	Sharing images involving penetrative sexual activity Sharing images involving sexual activity with an animal or sadism	Creating images involving penetrative sexual activity Creating images involving sexual activity with an animal or sadism
Category B	Possession of images involving non-penetrative sexual activity	Sharing of images involving non-penetrative sexual activity	Creating images involving non-penetrative sexual activity
Category C	Possession of other indecent images not falling within categories A or B	Sharing of other indecent images not falling within categories A or B	Creating other indecent images not falling within categories A or B

6. Who's involved

It's mostly people you know (rather than strangers on the internet etc.) as you think you can trust them. Kids are aware of 'paedos' (someone says it's a 20 year old boy, but actually it's a 40 year old man)

Usually people you know

Can be just people who add you on Snapchat

7. Reasons

Girls want boys to think their bodies are amazing

Girls feel pressurised - if you don't do it you're frigid

Boys are like "I can show my mates"

Influence from celebrities who have done similar things. It has an impact if things are posted on social media. Everyone thinks "wow that's cool I should do that" like Kim Kardashian and Miley Cyrus.

8. The Law

*You can have sex at 16
so if you're sexting
that's ok*

*Isn't it when you're 16 you can
be in an intimate relationship –
so it's ok*

*It's all to do with the
age between the two
people e.g. 13 year old
girl and 30 year old man*

*The term illegal has become such a
broad term now. I used to think if I
do something illegal "Oh I'll go to
jail" but now it's thrown around
everywhere by teachers*

*Not using the term illegal
lightly. It is used as a
threat so much*

Under the provision of section 1 of the Protection of the Children Act 1978(the Act) (PNLD Doc D462). It is an offence to:

- a) **take, or permit to be taken**, or to make any indecent photograph or pseudo photograph of a child
- b) **distribute or show** such indecent photographs or pseudo photograph, or
- c) **have in your possession** such indecent photograph or pseudo photograph with a view to being distributed or shown by himself or others, or
- d) **publish or cause to be published** any advertisement likely to be understood as conveying that the advertiser distributes or shows indecent photographs or pseudo photographs or intends to do so

A child is defined by section 7 of the Act(PNLD Doc D965) **means a person under 18**

9. The Risks

Everyone finds out and then hates you for it

People will still do it

Could affect your choices on jobs – you couldn't work in a nursery or be a teacher because they wouldn't be able to trust you around children

If you're on the Sex Offenders list doesn't that mean you have a criminal record – so you can't go to America or other countries?

Getting bullied, self-harm, committing suicide, suicidal thoughts

Could turn out like Amanda Todd – get really depressed and have everyone judging you and turning against you

“I Saw Your Willy!”



NSPCC advert about John and his friend – it was very useful as I’m not going to share my willy after that!

10. Sexting Education

Maybe a school nurse or counsellor as you don't see them every day

That it was not a teacher as it's harder to talk to them – they will tell all the other teachers. This is more private then you know they're not going to gossip in the staff room

See important videos about the impact of sexting

Kids can talk about it after watching in case there is anyone that has any concerns

Smaller groups – more personal- prefer it to be confidential so we can speak freely

They do things about relationships but don't really go into things like sexting

People should learn about it from the end of primary school

11. Messages to other young people

It ruins your life because it gets spread around. You get bullied and can't get jobs or go places

Don't do it or send because it might get shared around when don't want it to and it can mess up your life

Think before you press send because it can affect your future

It's more dangerous than you think

If you want to see someone's private parts do it in person

12. Evaluation

We got told the risks and consequences in a mature way which will impact us more in smaller groups

Maybe a school nurse or counsellor as you don't see them every day

We all know more about sexting and we know the real meaning of illegal

Gets you to understand more about sexting

I think that now we have spoken about this, more people will think about it

Face to face. People talking about what they actually know rather than made up

Recommendations

- Develop a sexting resource pack including session plans, resources, guidance etc.
- Schools review their SRE, recommendation that some sessions delivered are confidential, single sex, other than school staff
- Sexting survey
- Investigate the commissioning of a video resource
- Share results with schools, partners and those working with young people

Resources



- <https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/share-aware/teaching-resources/> 2 Short films and lesson plans/primary
- New Resources from Childnet International – Cyberbullying guidance and PHSE suite of resources “Crossing the Line” www.childnet.com/pshetoolkit www.childnet.com/cyberbullying-guidance
- www.disrespectnobody.co.uk - Govt. website aimed at older young people
- CEOP Nude Selfies <https://www.youtube.com/watch?v=XjV0IKYpakk> parent/carer section of www.thinkuknow.co.uk
- South West Grid for Learning – Social Media Checklists <http://swgfl.org.uk/products-services/esafety/resources>
- South West Grid for Learning – So You Got Naked Online <http://www.saferinternet.org.uk/sites/default/files/Resources/So%20you%20got%20naked%20online.pdf>

UKCCIS Sexting in Schools and Colleges Guidance

Sexting in schools and colleges:

Responding to incidents and
safeguarding young people



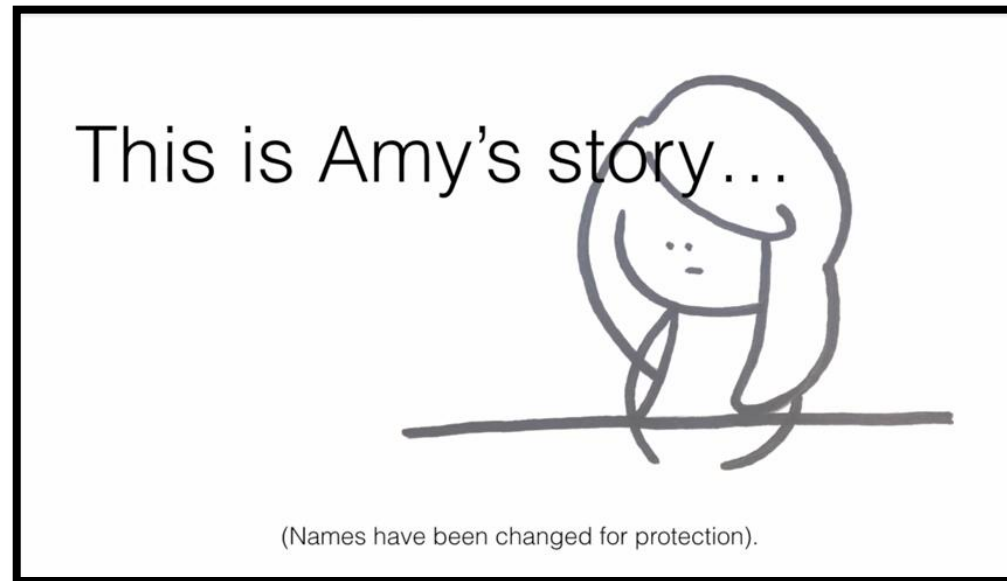
This document has been produced in partnership with:



The guidance covers the following:

- Conversations with young people to establish what has happened
- Dealing with incidents – the conversation should establish what sort of image it is, who is involved, how widely the image has been shared
- Reporting to the Police – Vulnerability, category of image, coercion or threats, age, risk of harm, Outcome 21
- Consideration given to the involvement of other agencies, e.g. the MASH, also parents and carers
- Other things to consider e.g. dealing with the bullying, preventative work etc.

TVP #protectyourworld resources



How you can get involved

- Utilise session plans for focus groups with young people and resource pack
- Sexting survey to be completed in schools
- Local conferences/workshops – input on Sexting project
- Utilise resources on healthy relationships being developed for primary schools