



YEAR 4 - MILLBROOK MENU - SUMMER 1 HOMEWORK

You must complete all of the red core pieces of work each week. You also need to choose a minimum of 4 of the blue menu items over the term. You may do more if you wish. Within each term, you must have chosen a piece of science homework.

CORE ENGLISH

Spellings (see separate sheet for spellings).

Write each spelling word in a sentence each word to show you understand the definition.

CORE ENGLISH

See Weekly Newsletter for an English task related to our weekly learning.

CORE MATHS

SumDog Challenge.

We will assign relevant work to SumDog each week based on our current topic.

CORE MATHS

See Weekly Newsletter for a Maths task related to our weekly learning.

IPC SCIENCE

Record your heart rate before and after a period of exercise. You could go for a swim, a run or a brisk walk.

Record your heart rate before, during and after.

Write a few sentences documenting what happens to your pulse.

IPC HISTORY

Can you find out ways in which the body would be looked after in the olden days?

How did they look after their teeth, their eyes, their fitness and their general health?

IPC GEOGRAPHY

Find out which countries are the healthiest. Record your findings on a map and label them with the country name and their 'rank'. e.g. 1. Italy, 2. Iceland

IPC ART

Look at the examples of art on the next page. Can you create a picture of an animal by arranging your body in a different way? Take a picture of how you've arranged your body, then turn it into an animal artwork!

IPC RESEARCH

What does an **optician** do? Find out everything you can about opticians and what part of the body they look after.

Present your findings as a non-chronological report, a poster or a Google Slides presentation.

IPC PROJECT

Using any material you like, make a model of the human brain.

You could use playdough, plasticine, or slime!

Take a photo of your model once it has been labelled with the key parts. (see photo on next page for inspiration)

EXPERIENCE

Keep a food diary for one week.

Record what you ate on each day and at each time.

Present your findings in a table documenting each day of the week and your meals.

What do you notice?

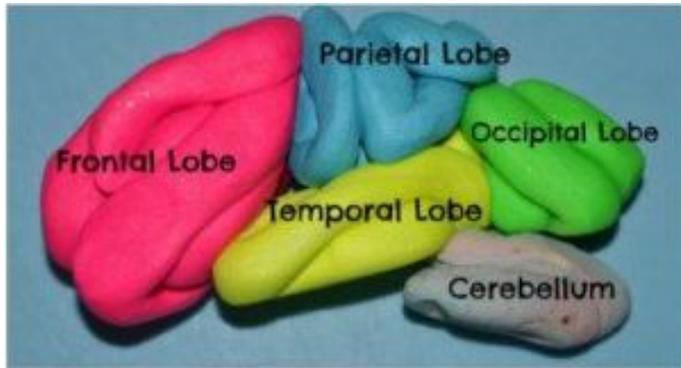
Was it a healthy week of eating?

PSHE/VALUES

Is there something you've always wanted to do, but you're a bit scared to do it? Show some **courage** and try something new!

Take a picture, write about it or record a video to tell us the courageous new thing you tried!

IPC Project Ideas



IPC Art

