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Dear Parents/Carers

Swimming Lessons for Maple 3 Children

Children from Maple 3 will be starting swimming lessons every week from **Wednesday 13th February 2019**.

We would be grateful if you could ensure that your child has their swimming kit for the lessons in school every Wednesday morning. The lessons will held in the afternoon from 2pm to 2.45pm. We will endeavour to be back in time for 3.15pm but traffic conditions could mean we may sometimes be a little late back at school.

All children, both boys and girls, must wear a swimming cap

We ask that parents read the guidelines overleaf for children who go swimming.

Yours sincerely

A handwritten signature in black ink, appearing to read 'S Lawler-Smith', written in a cursive style.

Mr S Lawler-Smith
Head Teacher

P.T.O

National Support School
designated by



National College for
Teaching & Leadership



*To go further than we thought possible
To run faster than we hoped
To reach higher than we dreamed
To be the best that we can be*



Guidelines for children who go swimming with school

These are the guidelines laid down by Salford City Leisure regarding safety and hygiene regulations for school swimming lessons: -

- Swimmers must wear a swimming cap. This rule stands for both boys and girls.
- Exclusion from swimming should include anyone with open sores, catarrh, sore throats or a medical exemption. Verrucas do not prevent pupils swimming; however, they should be advised to seek medical treatment.
- The wearing of any form of jewellery is strictly forbidden during any of the lessons i.e. earrings, necklaces, bracelets, watches, studs etc. Children with newly pierced ears will only be allowed to wear earrings for 6 weeks & then, only if you send in a completed request slip.
- Swimmers must wear the correct swimming attire for their lessons i.e. swimming costumes for girls (no bikinis or leotards) and swimming trunks for boys (no shorts i.e. Bermuda, cycling and football).
- The wearing of goggles is not necessary for school swimming lessons, they provide a potential hazard to children during lessons. However, there may be a medical reason why they need to be worn. A completed request slip must be sent to school.
- Children who suffer from asthma should bring the prescribed inhaler with them labelled with their name and school. These should be given to the teacher.
- Temporary dental braces should be removed for the duration of the lesson unless there is a medical reason why they should be worn.
- There must be no running anywhere in the building whether it be in the changing rooms or poolside.
- Children should take notice of the signs and signals used in the pool. It is important that they learn and abide by the code of stop, look and listen whenever they hear a whistle as it could be very well be an emergency.