

the curly hair project

Autism Learning Days in Manchester

Be inspired and learn from people who really live with the condition

Gain a strong understanding of autism

Attend one or more sessions or save money with the All Day ticket

Suitable for: Autistic adults, parents and carers,
anyone working with autistic adults or autistic children



Autism Learning Day 1 Saturday 13th October 2018	
10.15-11.15am	Talk 1: Understanding and managing anxiety
11.30-12.30pm	Talk 2: Social Energy Theory (this theory about socialising will change your life!)
1-2pm	Talk 3: What is sensory processing and how does it affect autistic people?
2.15-3.15pm	Talk 4: Understanding and managing strong and atypical emotions
3.30-4.15pm	Video: A Day at Primary School for the Girl with the Curly Hair & discussion

Autism Learning Day 2 Saturday 26th January 2019	
10.15-11.15am	Talk 1: How autism affects the family & improving family relationships
11.30-12.30pm	Talk 2: 10 ways to understand each other
1-2pm	Talk 3: How to be a more effective communicator
2.15-3.15pm	Talk 4: Helping autistic people become more productive and efficient
3.30-4.15pm	Video: A Day at Secondary School for the Girl with the Curly Hair & discussion

Prices

All Day ticket (access to everything)
 Individuals £41/Professional £99
 Talk/Video: Individuals £13/Professional £30
 Exhibitor space: £50
 (Prices exclude booking fee & VAT)

About Us

The Curly Hair Project (CHP) is an award-winning social enterprise founded by autistic author and entrepreneur **Alis Rowe**. CHP resources are used by individuals, families and professionals worldwide.

- Endorsed by the world's leading psychologist in autism, Professor Tony Attwood
- As featured on BBC Radio 4

Autism & Mental Health Day Saturday 4th May 2019	
10.15-11.15am	Talk 1: Understanding autism in females
11.30-12.30am	Talk 2: Seeing and using the positive traits of autism
1-2pm	Talk 3: Understanding and managing social anxiety
2.15-3.15pm	Talk 4: Ways to help autistic people become more resilient
3.30-4.15pm	Video: A day at Secondary School for the Girl with the Curly Hair & discussion

The Castlefield Hotel, Liverpool Road,
Manchester M4 4JR

For more information: email

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Book at www.thegirlwiththecurlyhair.co.uk/events