Oxleas School Nursing Service

The role of the School Nurse is to improve children and young people’s health and well-being

The School Nurse (or Specialist Community Public Health Nurse) can offer a non-judgemental, friendly, approachable, caring and confidential service, both in and out of Newhaven Pupil Referral Unit (PRU) and Newhaven Education Support Team (NEST) to young people and their families.

Part of the Core Service-

The School Nurse offers weekly early support and advice during the School Based Health Centre Drop-ins on a Monday (PRU) and Tuesday (NEST) during term time, on key issues such as –

- Keeping physically healthy
- Emotional health
- Sexual health
- Drugs and alcohol
- Smoking
- Diet and exercise

The service also helps young people with long term illness/complex physical or emotional health needs or disabilities, to receive extra support in school when they need it.

The School Nurse works closely with school staff, Child and Adolescent Mental Health Service (CAMHS), social services; local GP’s and Contraceptive and Sexual Health (CASH) services. Students can make a self-referral or it can be made from families, school staff or healthcare professionals.

Personal Social and Health Education (PSHE) lessons within Newhaven are also supported by the team, to provide informative, clear, evidence based health information, to assist the young person to make informed choices.

School Nurse Matters App - we have recently launched our new School Nurse Matters app, which contains helpful information and advice on a wide range of sensitive topics for students. The app can be downloaded on to any smart phone using the below QR codes.