

wk1 MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Main Event

Italian Chicken Pasta bake with crunchy top served with Garlic bread & mixed salad

Sausage & mashed potatoes served with seasonal vegetables & onion gravy

Roast of the week served with roast potatoes & seasonal vegetables

Chilli Beef tacos served with wedges & mixed salad

Oven baked battered Fish with tartare sauce chunky chips garden peas or baked beans

Meat Free

Italian passata & mozzarella pasta bake served with Garlic bread & mixed salad

Cowboy vegetarian sausages served with mashed potatoes & corn

Cheese & tomato turnover served with roasted potatoes & seasonal vegetables

Vegetable Chilli tacos served with wedges & mixed salad

Cheese tomato pizza slice with chips garden peas or baked beans

Re-Energize

Jacket Potatoes and Pasta with Homemade Sauces and Toppings and selection of daily special hot Panini's or baguettes

Raw Bar

Great Salads and Proteins Served Daily

Pudding

Fruit crumble with custard

Cornflake Tart with custard

Chocolate and orange sponge with custard

Fruit Sponge with custard

Cake of the day

Desserts

A selection of fresh fruit pots - fruit jellies homemade muffins and cake selection

Lunch



wk2

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Main Event

Piri Piri Chicken thigh with parmentier potatoes & corn

Chilli Beef Enchiladas served with salsa, wedges & mixed salad

Roast of the week served with roast potatoes & seasonal vegetables

Tuna pasta bake served with crusty bread and side salad

Baked Breaded fish with chips garden peas or baked beans

Meat Free

Cheese & tomato omelette served with parmentier potatoes & salad

Roasted vegetable quesadilla served with salsa, wedges & mixed salad

Vegetarian sausages served with roast potatoes & gravy

Vegetable pasta bake with crunchy top served with crusty bread & side salad

Cheese & Pineapple pizza with chunky chips garden peas or baked beans

Re-Energize

Jacket Potatoes and Pasta with Homemade Sauces and Toppings and selection of daily special hot Panini's or baguettes

Raw Bar

Great Salads and Proteins Served Daily

Pudding

Jam sponge with custard

Apple pie served with custard

Chocolate sponge with chocolate sauce

Oaty Fruit crumble with custard

Cake of the day

Desserts

A selection of fresh fruit pots / fruit jellies and daily specials

Lunch



wk3 MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Main Event

Carbonara
Spaghetti served
with Garlic slice
& mixed chunky
salad

Mexican Chicken
flatbread served
with sautéed
potatoes & corn
on the cob

Roast of the day
served with roast
potatoes &
seasonal
vegetables

Cheesy
Cumberland pie
served with green
beans & gravy

Oven baked
battered fish with
chunky chips
garden peas or
baked beans

Meat Free

Macaroni Cheese
served with
garlic slice &
mixed chunky
salad

Cheese
& tomato calzone
served with
sautéed potatoes
& corn on the cob

Roasted
Vegetable &
Mozzarella
turnover

Quorn mince
cottage pie
served with green
beans & gravy

Fresh tomato and
rocket pizza slice
with chips garden
peas or baked
beans

Re-Energize

Jacket Potatoes and Pasta with Homemade Sauces and Toppings and selection of daily special hot Panini's & baguettes

Raw Bar

Great Salads and Proteins Served Daily

Pudding

Oaty apple
crumble with
custard

Orange and lemon
sponge with warm
vanilla sauce

Marble cake with
custard

Chocolate & orange
sponge with
custard

Cake of the day

Desserts

A selection of fresh fruit pots / fruit jellies and daily specials

Lunch

