

P.E. KIT

Physical Education plays a vital role in preparing students to lead active, healthy and fit lives. The following kit is a compulsory requirement to enable students to participate safely in a wide variety of activities.

- All PE clothing with the school badge **MUST** be purchased from the school's supplier, Maisies; this ensures it is fit for purpose and appropriate for our activities.
- Maisies also stock other generic items though these can also be purchased from other retailers.
- Sports **TRAINERS** need to be supportive and non-marking. Fashion trainers are **NOT** appropriate.

GIRLS' P.E. KIT	Compulsory	Purchased from Maisies White polo shirt (with school badge) Navy shadow stripe shorts (with school badge) Navy socks
	Not Compulsory	Tracksuit top/bottoms (with school badge) White base layer Sweatshirt in school colours (with school badge) – for cold weather
	Compulsory	Trainers (not plimsolls or converse), football boots (recommended if part of football club/cross country) and shin pads are required.
BOYS' P.E. KIT	Compulsory	Purchased from the Maisies Rugby shirt (with school badge) White polo shirt (with school badge) Navy shadow stripe shorts (with school badge) Navy socks
	Not Compulsory	Tracksuit top/bottoms (with school badge) Sweatshirt in school colours (with school badge) White base layer
	Compulsory	Trainers (not plimsolls or converse), football boots and shin pads are required.

It is strongly recommended that mouth guards be worn for Rugby & Hockey. These may be purchased from the Finance Office or any leading sports shop.

- ◆ Students who are injured or for any reason cannot participate fully for the practical element in a PE lesson, will still be expected to bring their kit and get changed to enhance their learning in other roles, such as leading, coaching and officiating. Students will not be expected to change if not physically possible such as a broken arm or the act of changing itself aggravates an injury or medical condition
- ◆ On particularly sunny days it will be possible for students to wear a suitable hat during outdoor PE lessons. Protective sun cream is advisable, especially for fair-skinned students.
- ◆ All items should be clearly marked with the student's name
- ◆ Students should bring a towel and a bag for dirty footwear
- ◆ For safety reasons no jewellery may be worn during lessons. All jewellery must be removed and left in the changing rooms which are locked during lessons, however all valuables are left at your own risk.
- ◆ Students with newly pierced ears must cover their earrings with plasters
- ◆ P.E. staff are not responsible for looking after jewellery
- ◆ On particularly cold days it is possible for students to wear black or dark blue gloves and/or a hat, if safe to do so in the activity. It is not permitted for students to wear scarves. **N.B. Please note that the wearing of tracksuit bottoms is not compulsory, however, if your child wishes to wear them instead of shorts, they must be part of the Physical Education Uniform which can be purchased from Maisies, as these are safe and appropriate for lessons.**