

Piece 6 (Year 2 - Summer 2) – Changing Me

Weekly Celebration	Pieces	PSHE Education (developed from National Framework DfEE 2000)	Emotional Literacy/Social Skills (Developed from SEAL – Social and Emotional Aspects of Learning DfES 2004)	Resources	Vocabulary
Understand that everyone is unique and special	Life cycles in Nature	I can recognise cycles of life in nature	I understand there are some changes that are outside my control and can recognise how I feel about this	Jigsaw Chime, 'Calm Me' script, Find your pair cards, Jigsaw Jo, Jigsaw Song sheet: 'Changing as I grow', BBC Learning clip: 2250, An introduction to life cycles, Jigsaw Journals.	Change Grow Life-cycle Control Baby Adult Fully grown
Can express how they feel when change happens	Growing from young to old	I can tell you about the natural process of growing from young to old and understand that this is not in my control	I can identify people I respect who are older than me	Jigsaw Chime, 'Calm Me' script, Jigsaw Song sheet: 'Changing as I grow', Jigsaw Jo, PowerPoint – young to old, Book: 'My Grandpa is Amazing' by Nick Butterworth, Photos from home of a grandparent as a child and now, Card leaf templates A4 size – one per child, Jigsaw Journals.	Growing up Old Young Change Respect Appearance Physical
Understand and respect the changes that they see in themselves	The Changing Me	I can recognise how my body has changed since I was a baby and where I am on the continuum from young to old	I feel proud about becoming more independent	Jigsaw Chime, 'Calm Me' script, Jigsaw Jo, Book: 'Titch' by Pat Hutchins, Timeline labels: Baby, Toddler, Child, Teenager, Adult, A box or bag of collected items to represent different stages of	Baby Toddler Child Teenager Adult Independent Timeline

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				growing up, Timeline template, Jigsaw Journals.	Freedom Responsibilities
Understand and respect the changes that they see in other people	Boys' and Girls' Bodies	I can recognise the physical differences between boys and girls, use the correct names for parts of the body (penis, testicles, vagina) and appreciate that some parts of my body are private	I can tell you what I like/don't like about being a boy/girl	Jigsaw Chime, 'Calm Me' script, Jigsaw Jo, Flipchart paper, Body parts cards and PowerPoint, A bag or laundry-type basket containing a collection of girls' and boys' clothes including underwear and swim suits, Jigsaw Journals.	Boy/male Girl/female Vagina Penis Testicles Public Private Nipples
Know who to ask for help if they are worried about change	Assertiveness	I understand there are different types of touch and can tell you which ones I like and don't like	I am confident to say what I like and don't like and can ask for help	Jigsaw Chime, 'Calm Me' script, Jigsaw Jo, Feely bag 1 (containing e.g. pebble, sandpaper, Playdoh, fur, velvet, pine cone, plastic dinosaur toy and any other suitable objects), Feely bag 2 (containing soft material like velvet, satin or silk), Teddy bear, Poem: 'What About You?', Alternative book: 'Hug' by Jez Alborough, Jigsaw Journals.	Touch Texture Cuddle Hug Squeeze Like Dislike Acceptable Unacceptable Comfortable Uncomfortable
Are looking forward to change	Looking Ahead	I can identify what I am looking	I can start to think about changes I will make when I am	Jigsaw Chime, 'Calm Me' script, Jigsaw Jo, Two visiting Year 3 pupils, Card leaf	Change Looking forward

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		forward to when I am in Year 3	in Year 3 and know how to go about this.	templates, Jigsaw Song sheet: 'Changing as I grow', Jigsaw Journals.	Excited Nervous Anxious Happy
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